



Asheville**LETS**
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Asheville Local Exchange Trading System

March Directory

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An Exchange System Build for Everyone!

The Asheville Local Exchange Trading System (LETS) was started in response to regional underemployment and recent increases in the cost of living. This network seeks to restore local economic control through the community exchange of services, resources and advice.

Unlike direct trade (where both parties must want what the other offers and exchange in roughly equal amounts), LETS members exchange services for credits (called, simply, "LETS") which can then be swapped for the services of any other member in the network. Members are able to earn LETS in ways they could never earn dollars and they can get what they need without spending hard-earned cash.

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Current Offers

Child & Elder Care

Babysitting

Caregiving – Experience raising and homeschooling my 3 children (now adults). One with special needs/medical needs. Also volunteer with Hospice, caregave my mom, and help my dad with his demetia. Work PT caregivers elders.

Pricing: 30 lets per hour

Childcare – Responsible, energetic, experienced childcare! I have been taking care of children of all ages on a regular basis for 7 years. References available.

Pricing: 7 lets per hour

Childcare – I will make the fun with kids and you can do whatever you want.

Pricing: 5 lets per hour

Childcare – i've been taking care of kids for years now and would love to help folks in the network out. i charge 7 lets/hr for weekends.

Pricing: 5 lets per hour

Experienced childcare – I'm a mama of two and I'd be happy to bring another baby bird or 2 into my nest! I have a 2 yr. old boy and a little girl in kindergarden. I have a childfriendly home and my kids love new playmates. Time and place are flexible.

Pricing: 5 lets per hour

Fun and Energetic Child Care – I have four years of experience working with kids of all ages. Great references. I am taking a class in early childhood education.

Pricing: 5 lets per hour

Education

Babywearing instruction – I can teach you how to wear a baby on your front, back, and hip using traditional cloth baby carriers from around the world. This is a great skill for moms, dads, grandparents, babysitters, daycare workers, or anybody who spends time with babies and small children.

Pricing: 5 lets per hour

Creative Movement Workshop Series for Children – For ages 6-9, afterschool workshop series runs for 6 weeks beginning Weds, Jan 27. Half payment in LETS accepted. This class invites children to find a place in and connection with the natural world. We'll let our moving imaginations loose and discover an ecosystem of possibilities! All info at:

<http://www.ashevillecultureproject.org/classes.htm>

Pricing: 7 lets per hour

Miscellaneous

Elder care – I have experience and enjoy visiting with elders. I have a baby with me.

Pricing: TBD

Clothing

Accessories

Knitting – I can knit made to order hats and scarves, and am open to other project requests. I am also happy to teach basic knitting. I generally work with pure wools and mohairs.

Pricing: TBD

Mamas and Papas- need a break? – I am a mother of an 11 yr old boy, have worked in several preschool centers, nannied and babysat for over 15 years. I have worked with newborns through teens, and special needs children as well. I have excellent references :)

Pricing: 10 lets per hour

Offer:can make your pics for your online store – I can make your pictures for your online store. i'm photographing since years my products. jewelry, body care and everything what is not tooooo big to go in my light box (its about 1 meter x 50 centimeters) can have the pic as RAW or JPG

Pricing: 10 lets per hour

Organic microgreens – oceangrown microgreens in 11"x21" trays Pea shoots, sunflower greens, daikon radish and yellow mustard, adzuki, blue corn, wheatgrass and more. Plastic trays are returned to be reused (honor system).

Pricing: 17 total lets

Two students with babysitting experience – Pretty self-explanatory, we live right off Merrimon avenue, and would prefer to babysit at your house, but could have folks drop kids off over here as well!

Pricing: 0 lets per hour

Enrollment in Redfern Children's Garden – Enrollment in Redfern Children's Garden.

Pricing: TBD

Recirculation: Sole protection for dancers – Brand new pair of Foot Thong sole protection by Bloch. Ladies' medium. Light skin color, leather and elastic.

Pricing: 12 total lets

Children's Clothing

Recirculation: boys clothes – Lots of little boy clothes, corduroy pants, shorts and t's of all kinds... Mostly 3&4T right now. 5's will be coming up soon! I have two laundry baskets full at the moment. I expect to have more every 2-3 months for the next 15 years or so! :)

Pricing: TBD

Education

Sewing lessons – I can teach beginning sewers.

Pricing: TBD

Miscellaneous

Use of laundry room – Bring your own detergent, etc.

Pricing: TBD

Tailoring

Basic Hemming and Clothing Repair – If you need any hemming or general repair of clothing, blankets, pillows, ect. I can help!

Pricing: 5 lets per hour

Darning / mending – I can darn socks, sew on patches for jeans, repair ripped seams or holes.

Pricing: TBD

Wedding & Formal

Recirculation: Wedding Dress – Size four formal wedding dress with see through flower lace back, hanging white roses. Comes with a matching white rose tierra veil and slip. Picture will be posted soon. Ask us about other wedding extras.

Pricing: 25 total lets

Women's Clothing

Handmade clothes for the whole family. – Fun, funky, comfy, original clothing made from scratch using limited quantities of never used vintage fabrics and modern closeouts. From my stock or special order. www.lushlifeoriginals.com

Pricing: 0 lets per hour

Computer & Office

Administrative

Administrative / Computer skills tutoring – Just tell me what types of tasks you are trying to do and I will see if I can help you learn some new administrative and/or computer (excel, word, organizing files, QuickBooks/Quicken, Publisher) skills.

Pricing: 5 lets per hour

Copy Editing – I'll go over any text and search for errors in spelling, punctuation, and grammar. I'm happy to offer suggestions to improve the impact of your presentation, if you so desire.

Pricing: 10 lets per hour

PC Repair – Email me with what is wrong with your PC and I will let you know if I can help - Hardware and software repair, data recovery, deleting personal information off of old computers prior to recycling.

Pricing: TBD

Resume editing – I have become very knowledgeable about resumes and what makes them stand out. I have had several experts tweak mine over the years so I can now help you!

Pricing: 5 lets per hour

Typing from dictation tapes – I type 75 wpm and am esp. good at transcribing from dictation tapes. Have experience doing medical, legal and other types of documents.

Pricing: 5 lets per hour

Comp. Hardware

Buying a new computer? I can help – If you are buying a new computer and aren't sure what you need or how much to pay, I can assist you. I routinely help individuals find discounted desktops and laptops matching their needs and budgets (desktops and laptops as low as \$300 to \$400). I also recirculate used hardware.

Laptop computer with wireless card to loan – Laptop Computer: 5 Lets per day, 25 Lets per week Great for Internet. Batteries last 1 1/2 hours per charge.

Pricing: TBD

Pricing: 5 lets per hour

Help in building your own computer – I have a lot of experience building computers from ordered parts. You can get a better computer for less, and exactly the way you want it. I can also show you how to do it too...its just like putting together leggoes if you have the right parts.

Pricing: 5 lets per hour

Comp. Software

Computer Maintenance – I'll assess your Windows computer, install freeware to search and destroy spyware and viruses, and maximize your systems performance. One-time or regular maintenance available per your needs.

Pricing: 10 lets per hour

Computer Programming – I'm a professional programmer and can offer my services for programming projects. Professional experience in Java, Perl, others. Unlikely to take on large projects, as I'm employed full-time, but might be willing to provide some guidance and support for a larger project.

Pricing: 10 lets per hour

Education

Digital Image Help – You've recently gotten a digital camera and you're not sure what to do with it after you shoot the pictures. Long term digital photographer will help you understand and organize your digital images.

Pricing: 5 lets per hour

Photoshop Training – Jump start your photoshop skills with a one-on-one session in Photoshop working with your images. See my work at <http://brotherhug.com>

Pricing: 5 lets per hour

Writing help – I am trained in proofreading, writing development and concept organization.

Pricing: 7 lets per hour

Graphic Design

Adobe InDesign Tutorial and Phone Help – Get a basic introduction to this powerful Adobe layout program, or call me for help on specific projects

Pricing: 5 lets per hour

Flyer and Poster Design – Poster and Flyer layout for your business or event. Can also arrange for production.

Pricing: TBD

Internet

Web Design / Development / Marketing – Provide professional services as a web developer/designer/marketer. Limited amount of LETS hours available per week.

Pricing: 10 lets per hour

Webdesign and teaching Front Page web program – Virato will create your website, get it online, and train you how to update, using Front Page 2003. Cost or domain registration and server storage extra paid directly to those companies. Add 50 cents per mile gas/auto expense from Michigan & Haywood in West Asheville

Pricing: 5 lets per hour

Lending

Digital projector and screen – i can lend these to you or help you set up a film screening with my projector, screen and audio system.

Pricing: 5 total lets

Miscellaneous

Computer maintenance / repair – Virus removal, spyware removal, speeding up computer, adding memory / equipment.

Pricing: 5 lets per hour

Computer software/hardware repair – i will repair your computer's hardware/software if it's not running as well as it used to, or plain not running at all. this is primarily aimed towards spyware/malware removal and protection, but i can pretty much do it all. price to be negotiated.

Pricing: 0 lets per hour

Tax / Accounting, Speak to Groups – Coping with income tax system; getting tax breaks you deserve; freelancing vs. employment

Pricing: 10 lets per hour

Organizing

Financial mgt/organizing – I can help you create systems and organization in your financial life. Can also help you figure where you might be able to simplify your financial accounts. I worked in the personal financial planning field for 6 years.

Pricing: 7 lets per hour

Video

Copying DVDs – i have the equipment and know how to copy DVDs.

Pricing: 5 lets per hour

Transfer VHS films to DVD media – i have the equipment to transfer a VHS movie or film to DVD.

Pricing: 5 lets per hour

Video file conversions – Can convert various video files to DVD format or vice versa. Can also burn onto DVD or CD as data files. I can not convert VHS to DVD see David Clovers Listing for that....thanks

Pricing: TBD

Writing

Editing – Help expressing the essence of your ideas in clear and powerful language. Books, zines, articles, letters, etc.

Pricing: 4 lets per hour

Editing and proofing – Editing and proofing

Pricing: 5 lets per hour

I will write for your blog – I will write a 200 - 300 word essay on any topic you'd like for your blog.

Pricing: 5 total lets

Translation Spanish/English – Will translate written materials (digital preferred) between Spanish and English. Pricing is by word count, complexity and turn-around time.

Pricing: TBD

Craft & Art

Digital Art

Photo restoration – Save precious family images and have copies on disk for future reproduction. Restore faded or damaged photos.

Pricing: TBD

Visionary Portraits – What if your favorite angel, goddess or hero had your face? Using "cyberalchemy" and with your participation, I create a visual affirmation of your unique beauty from your photographs, personal symbols, animals, flowers, etc. See samples of portraits for children and adults at: <http://www.ArtWanted.com/Saraphael>

Pricing: TBD

Drawing & Painting

Drawings – Drawings for a flyer / poster, decor, gift, on demand. Somewhat cartoonish style.

Pricing: TBD

Mural Painting – i do all interior painting, but specialize in murals for children's rooms and infant nurseries. ***depending on how big the job is, i may prefer to accept partial payment in cash (in addition to LETS).

Pricing: 12 lets per hour

Mural painting – I'll cater to your vision, but I'm mostly inclined to improvise abstract designs playing with space and color. Classy or funky, I'll follow either whim.

Pricing: TBD

Painted Wood Furniture – you supply the furniture, and i will paint it. step stools, rocking chairs, shelves, and so on. they make great gifts for kids. ***depending on how big the job is, i may prefer to accept partial payment in cash (in addition to LETS).

Pricing: 12 lets per hour

Portraits – Charcoal (black & white) possibly oil (color) on canvas.

Pricing: TBD

Education

Art Parties & workshops – Custom birthday, holiday or family parties where children (adults too) create art together. Some offerings: aliens, angels and animals - soft sculptures from your imagination; making puppets come alive!; fireflowers and mountains with eyes-creating collage worlds; improvisational music, etc. arts in education and UNCA super Saturdays teacher with 20 years of experience.

Pricing: TBD

Jewelry making instruction/assistance – I would love to help

Photography tutoring – Tutoring on use of camera and basic imaging techniques.

Pricing: TBD

Visual Arts! Learn to speak without words. – Lookin' to teach aspiring artists of any level; from the stick-figure drawer who wants to break into the 2nd dimension to the veteran artist who wants to master more difficult materials! I have studio space close to downtown. And charge a small materials fee in addition to LETS (depending on materials)

Pricing: 6 lets per hour

Fiber Arts

Felters & Spinners: Drum carder for loan – Have lots of wool to card or blend? Borrow drum carder for a week or so.

Pricing: 8 total lets

Learn to knit or crochet – I can teach you to knit or crochet. I have lots of yarn you can learn with, or provide your own. 3 Lets/hr, negotiable

Pricing: 3 lets per hour

Learn to spin cotton like Gandhi – --or better than Gandhi! I provide the cotton & the charkha. 5 LETS/hr+ \$5 per person; bring a friend--allow 2 hours for 1, 3 hours for 2 or more.

Pricing: 5 lets per hour

Recirculation: Yarn/fiber art materials – I am a weaver with a huge stash of cotton yarns. Some in natural off-white and some hand-dyed. Some smooth, some textured. These could be used in knitting, crocheting or weaving for socks, baby blankets, throws, linens....See photo below!!

Pricing: TBD

Metal Work

Jewelry – Sterling silver / gemstones. Jewellery can be viewed at the Artist Co-op at the Farmers Market on Brevard Rd or Pura Vida Gallery

Pricing: TBD

Miscellaneous

Artist digital portfolio creation – Artist portfolio and submission images on disk or slides.

Pricing: TBD

Bamboo cups – I carve sweet bamboo cups of different sizes and styles from bamboo that I harvest locally, cure myself, roast, and oil with organically grown vegetable oils. They're very satisfying in the hand and great travel mugs since they're durable and just insulating enough to keep yer hand comfy.

Pricing: 3 total lets

Braintan buckskin – beautiful brain tanned deer hides

Pricing: 5 lets per hour

Handcrafted Soap for Sensitive Skin – Handcrafted soap made from glycerine, aloe and vit E. You choose from 50 flavors plus unscented soaps available.

Pricing: 3 lets per hour

Henna Tattoos – i have studied traditional indian henna and specialize in hands, feet and pregnant bellies. i love doing henna for showers, blessingways, and other women's gatherings. ***depending on the job, i may prefer to accept partial payment in cash (as well as LETS).

Pricing: 15 lets per hour

Interactive Fantasy Portraits for Children – Ride a tiger, fly with Pegasus, become an angel, warrior or alien! I manifest your child's vision with photography and digital art. A unique gift and boost to confidence. See Children's Portraits Gallery at <http://www.artwanted.com/Saraphael> for more examples.

Recirculation: learn to knit, crochet, spin, sew, weave – Come hang out and learn almost anything about fibers. Your supplies or mine-we can use recycled fibers

Pricing: 5 lets per hour

See My First LETS Quilt! – Quilts made to order. I will work with you to design just what you want. 5 LETS an hour plus dollars for materials. Portfolio available.

Pricing: 5 lets per hour

Spinning lessons / borrow spinning wheel – Learn to card and spin yarn (2 lessons), borrow wheel and equipment for a week or two, includes fiber/wool

Pricing: 20 total lets

Jewelry – Customized one-of-a-kind totemic shamanistic charms, bracelets, necklaces. Professional.

Pricing: TBD

Personalized jewelry, alter boxes and collages – Tell me what you like and I will create a specialized piece just for you :) I make beaded jewelry (mostly wood, glass, and stone pieces) Also alter boxes, gift collages and vision boards specific to your set intentions (excellent motivation art!)

Pricing: TBD

Recirculation: 100 (or more!) buttons – 100 plus Buttons. These are metal, metalized, wooden, ceramic, glass and shell Buttons. Choose your own or let me sort out a bag of buttons for you. Good for clothing, decorations on craft items, etc. Many of these are expensive in stores....but yours for LETS!

Pricing: 5 total lets

Sewing/ Quilting – Make memory quilts from fav. T shirts, baby clothes, etc. Mending as well. Hand work as well as machine

Pricing: TBD

Pricing: 15 lets per hour

Mixed Media

Hand-made jewelry – I love making jewelry, and am happy to customize or incorporate your beads/trinkets. Shells, peace cranes, dream catchers... My style ranges from funky to elegant.

Pricing: 5 lets per hour

Recirculation: learn paper making and book arts – come hang out and learn almost anything about paper and book making. We can use recycled materials

Pricing: 5 lets per hour

Photography

Photography – Photographic services; family/pr/portrait/band/artist/realestate.
www.rebeccadangelo.com

Pricing: TBD

Photography – I want to do more photography. Many of my photos have been in the Mountain Xpress. I helped build up their stock photos for several years.

Pricing: 10 lets per hour

Whimsical 3-D art – Handmade mobiles, dream catchers, hanging shrines. Re-decorated clocks, lamps, whatever begs spice! Also available to instruct/assist.

Pricing: 5 lets per hour

Portraiture – Location portraiture of groups and individuals.

Pricing: TBD

Food

Baked Goods

Caking and baking – I can bake you a fantastic cake (or pie, or cookies, etc.), vegan or otherwise. I've made a wedding cake, and birthday cakes galore, and have have worked as a professional baker as well.

Pricing: 6 lets per hour

Homemade muffins – local fresh ingredients, whole grain. traded by the dozen.

Pricing: 4 total lets

Sourdough Baking – Various wonderful naturally leavened breads, flat breads, crackers, not-so-sweet desserts. We fresh grind organic grains and often use local (non-grain) ingredients. Contact by phone is best. 4LETS and \$.50 for a basic loaf. 3LETS when pre ground flour is used. \$.75-\$1 for fancy loaves with special ingredients

Pricing: TBD

Sourdough Bread – I have been baking sourdough breads for friends and neighbors this fall and winter. Let me bake some for you too! you can check them out at www.thesimplebread.com for more info. Rise Up Bread!

Pricing: 5 total lets

Vegan baking – Vegan Baking!!! Willing to try anything. Beginner.

Pricing: 5 lets per hour

Yummy waffles and crepes – I will come to your non-profit event and cook yummy waffles or crepes. I'm Belgian - we are genetically pre-dispositioned to making great waffles. So you can advertise "Belgian waffles made by a REAL Belgian." I even have an old-timey waffle iron!

Pricing: 10 lets per hour

Catering & Prep

Cooking – Cooking

Pricing: 5 lets per hour

Dairy

Fresh Eggs – Fresh eggs.

Pricing: TBD

Dry Goods

Raw Dulse seaweed – fresh, soft dulse from the San Juan Islands of Cascadia. Sun-dried in a greenhouse. High mineral and protein content.

Pricing: 24 total lets

Equipment

Recirculation: canning jars – have used canning jars to give away 1 let per 2 jars

Pricing: TBD

Solar dehydrator use – I am offering the use of a large capacity solar dehydrator for drying foods, herbs, etc. Temperatures are usually 120-130 on a sunny day, and food is not exposed to sunlight. 5 LETS/day, either drop off food to be dried, or have

picked up for additional LETS + Gas money.

Pricing: TBD

Miscellaneous

Coffee dispenser (Select-Air thermos) – Restaurant quality coffee (or other hot beverage) dispenser, holds 2.2 liters. Glass liner stainless steel w black. Heat retention: 8 hours. Great for potlucks or dinner parties! For loan: 1 LET / per day. Cash deposit.

Pricing: 1 total lets

Herbal medicinal vinegars – Raw, wild-crafted vinegar of nettle, goldenrod, etc. Plain or infused with honey, garlic, ginger & other herbs. By quart or pint.

Pricing: TBD

Homemade salad dressing – local herbs and fresh raw ingredients. lots of flavors.

Pricing: 1 total lets

Vegan Meatloaf – A delicious vegan meatloaf that even carnivores will get excited about.

Pricing: 5 total lets

Vegetarian cooking – I am a pretty good vegetarian cook - I will cook for you and some friends or whatever you need. My specialty is a scratch-made seitan stir-fry, but I can do whatever. Just pay for the ingredients and I'll do the rest.

Pricing: 0 lets per hour

Produce

Veggies – Extra veggies in season.

Pricing: TBD

Garden & Yard

Construction

Flat Stone & Brick Work – Walk ways, steps, flat stone work... etc.

Pricing: TBD

Houseplants – Various houseplants, kolanchula, swedish ivy, wandering jew, cactus, 1 to 5 lets each.

Pricing: 1 lets per hour

Trees, oak and tulip poplar – Trees are seedlings to 4-5' tall, you dig from my yard W. Asheville. 1 to 5 LETS per tree, depends on size.

Pricing: 1 total lets

Critters

Composting worms & info – A handfull of composting worms (redworms, Eisenia foetida) for a vermicomposting system. These worms are healthy, fed on organic vegetable scraps, and will breed prolifically with proper care and feeding. I can also provide a printed guide, advice, and help in setting up a vermicomposting system.

Pricing: 10 total lets

Worms for composting – Enough redworms to start a full-size home compost bin

Pricing: 5 total lets

Education

Gardening design and labor – I can help you design a garden to meet your needs and fit your site. I will also work with you in this garden

Pricing: TBD

Landscaping

Eco Landscape Design – Horticulture consultation & environmental pond & landscape design. Botanical ID - permaculture design.

Pricing: TBD

Garden consultation – Gardening and urban homesteading consultations.

Pricing: TBD

Landscape Design – Offering professional landscape design for commercial or residential projects.

Pricing: 10 lets per hour

Pruning of shrubs and small trees – Expert artistic pruning of shrubs and small trees by landscape designer

Pricing: 8 lets per hour

Lending

Have-A-Heart animal trap – This is the size for medium to fairly large animals....possums, groundhogs, rabbits....it will catch them and allow you to take them to a more appropriate environment. Deposit required.

Pricing: TBD

Miscellaneous

Horse Manure – I have several truckloads of composted horse manure and more being produced each day :) You must come load yourself.

Pricing: 3 total lets

Tools & Supplies

Borrow Rototiller – I have a good rear-tine (easier on your back) tiller to loan. Will need a truck or suv to transport, pick up in Fairview. Keep for 2-3 days.

Pricing: 10 total lets

Worm Compost – I have a small worm-compost project & often have more worm compost than I can use. The compost is amazingly awesome and can help with many of your planting needs. I offer it in quart-sized portions.

Pricing: 5 total lets

Health & Beauty

Body Work

Deep Tissue Massage and Yoga Therapy Counseling – Deep tissue massage for healing or optimizing your back health. As a certified yoga teacher, I can work with you to help you begin or adjust your asana practice to heal your back and body.

Pricing: 15 lets per hour

Foot Reflexology – Reflexology is a safe, natural aid to restoring the body's own healing potential. This 50-60 minute massage for your feet stimulates the flow of energy, which promotes health and healing.

Pricing: 15 lets per hour

Healing Touch – Healing Touch is done on an energetic level, with some light physical touching.

Pricing: 0 lets per hour

Massage – LMBT and RN practicing swedish, lomi lomi and deep tissue massage.

Pricing: 15 lets per hour

Massage and/or Reiki – Therapeutic Massage - relaxing, rejuvenating. Your choice to include Reiki, or not. 1-hour session. 1-1/2 hours for 22 LETS

Pricing: 15 lets per hour

Reiki Energy Healing – Reiki - 1-hour session. Experience this wonderful energy healing for physical or emotional issues. Very calming, restorative.

Pricing: 12 lets per hour

Touch for health – I am a certified Touch for health Practitioner. Touch for health is a system that uses Kinesiology to balance the energy in the meridians. When you are out of balance you can be in pain, have depression, or just seem out of sorts.

Pricing: 7 total lets

Dietary Nutrition

Kombucha Mother and directions – Kombucha Mother and directions for culturing this detoxifying and immune-enhancing, delicious daily tonic. Kombucha culture has a wide range of organic acids, vitamins and enzymes for energy, fat and protein processing, and functioning of the nervous system.

Pricing: 6 total lets

Nutrition, Speak to Groups – Eat to cut risk of cancer, heart disease, diabetes, etc.; dangers of animal products and junk food. 23 years' experience. MS, Ed M, RD

Pricing: 10 lets per hour

Nutritional Counseling – Vegetarian eating, eating right for your blood type, losing weight

Pricing: 5 lets per hour

Nutritional counseling – Nutritional counseling.

Pricing: TBD

Hair Care

Hair Cutting – Trims, cuts and layered styles. Please contact me by phone.

Pricing: 5 lets per hour

Revolutionize Your Style... – From trims to transformations..let's cut that hair!!!! Professionally trained

Pricing: 6 lets per hour

Health Care

Addiction Counseling – High percentage cure rate for any addiction. World class published expert. Treatment by telephone and book.

Pricing: TBD

Birth Doula Care – I am a trained doula. Please contact me for more information and references. Also, check out my other listing for postpartum doula care. Check out

Integrative HealthCare – Integrative consultations with a healthcare professional with 11 years experience in alternative family practice. Specializing in blending prescriptives with supplements for a variety of chronic and acute conditions.

Pricing: TBD

Ionic foot baths – Detoxifying foot baths.

Pricing: TBD

Marshmallow root tincture – I made alot of marshmallow root tincture. anyone want a small bottle? it's really strong and really sweet.

Pricing: 8 total lets

Postpartum doula care – Postpartum doula services including: help with newborn care, cloth diapering and EC (? , ask me!), breastfeeding support, babywearing, light house-cleaning, laundry, food preparation, childcare, etc. Contact me for more info.

Pricing: 5 lets per hour

Recirculation: Cane, walker, diabetic supplies – Metal 4 prong cane, metal walker lend 1/lets per day each. Sell 5 Lets each. Diabetic supplies including meter 3 Lets

Pricing: 5 total lets

Recirculation: homebirth and midwifery supplies – Various homebirth, midwifery and childbirth education supplies. LETS depend on item.

Pricing: 0 lets per hour

Postpartum doula care for new mom from former mid – I have raised five children. I practiced as a midwife for 13 years. I have a lot of expertise in the postpartum period including breastfeeding. Please call 232-4069 or 400-1050

Pricing: 6 lets per hour

Reiki – Energy healing treatment for body, mind, emotions, and spirit.

Pricing: 15 total lets

Spiritual teacher Eckhart Tolle media files!! – I have a huge assortment of Eckhart Tolle videos, and recorded talks. He is the Author of "The Power of Now" and "A New Earth" It is really amazing stuff :)

Pricing: TBD

Tattoo Art – Tattoo artist w 20 years experience. Licensed, professional, custom, currently practicing at Liquid Dragon on Lexington. The Studio will require some payment.

Pricing: 20 lets per hour

Well-Woman care – Well-Woman care

Pricing: TBD

Yoga classes – Personalized, for one or more, all levels. Asheville Yoga Center graduate.

Pricing: TBD

Miscellaneous

Acupuncture – Acupuncture treatments by licensed acupuncturist. Nat'l. board certified. 12 lets for first treatment, 10 for follow up treatments. www.livingpoints.net

Pricing: TBD

Birth Doula Services – Includes at least two prenatal & one postpartum visit, as well as the duration of the birth. Price negotiable.

Pricing: TBD

Healing prayer – Prayer by phone or email.

Pricing: TBD

Intuitive Life Coach – I have been an intuitive life coach for 2 years. If you need someone to talk to or have an issue that you can't resolve please come and see me. I am here to help!

Pricing: 5 lets per hour

Modern Day Muse – Combining my Life Coach Training with my playful/light energy to help uncover any blocks that keep you from living optimally. www.EnlighteningLives.com

Pricing: 50 lets per hour

Natural Lip Balm with SPF 15 – I have a line of beeswax based natural lip balm with vitamin E. I have 4 Flavors, Original Vanilla Bean without sunscreen and 3 flavors with sunscreen: Pedaling Peppermint, Vanilla Swirl and Kiwi Lime. 2 LETS each or 6 LETS for 4 lip lubes of your choice.

Pricing: 6 lets per hour

Natural Therapies

Breathwork from RN for Asthma, HTN & more – Regenerate, repair, renew, Re-Inspire yourself using Buteyko Breathing techniques developed 50+ years ago in Russia and used with international success to recover from chronic conditions. Easy to learn; ages 5-105+.

Pricing: 15 lets per hour

Chinese Herbal Medicine – Individualized chinese herbal formulas (powders, tablets or raw herbs for tea) based on your constitution. NC License 271. Nationally Board Certified. 15 Lets for consult plus wholesale cost of herbs. Follow up consults vary. www.livingpoints.net

Pricing: 0 total lets

Dream Work – Learn to make friends with / make sense of your dreams

Pricing: 5 lets per hour

Hypnotherapy/Creative Arts Therapy – Fast, effective, short term therapy with immediate results, for addictions, past life issues, relationships, anxiety, spiritual emergence, goal manifestation, memory, dreamwork, creativity & mind/body health. Certified Hypnotherapist and Psychotherapist with 26 years of experience, M.S.,PhD.abd. Free telephone consultation.

Pricing: 0 lets per hour

Skin Care

Handcrafted Soap by the Slice – Handcrafted soap made from glycerine, aloe and vit E. You choose from 50 flavors plus unscented soaps available.

Pricing: 3 total lets

Healing Salve – This is made from olive oil, beeswax, calendula, comfrey, plantain and sometimes chickweed. Good for all cuts, scrapes, itchy spots, dry skin....2oz containers

Pricing: 6 total lets

Odds and Ends Cold processed Soap sets – I have from time to time soap endpieces or under weight pieces i can not sell. Only essential Oils scented, and vegan. Small bags with 2 pieces. each one 4 LETS

Pricing: 4 total lets

Household

Appliances

Housesit – I can watch over your home/animals/etc. in zipcode 28806, my 'neighborhood', while you are gone on a weekend or vacation (Thanksgiving, Christmas, etc).

Pricing: TBD

Recirculation: Kerosun Heater, Baskets – Heater \$25 and 25 Lets.

Pricing: 25 total lets

electronic repair – I have a healing touch for electronics. I have tamper resistant drivers and I know how to use them

Pricing: 10 lets per hour

Cleaning

Cleaning queen – Will clean your house pet dander sweeping, vacuuming, washing your sink filled with dishes, bathrooms etc.

Pricing: TBD

Experienced housekeeper – Experience as a personal housekeeper and also bed & breakfast detailed cleaner. Excellent references.

Pricing: 15 lets per hour

Education

Real estate consultation – non-brokerage real estate consultation

Pricing: 5 lets per hour

Lending

Potluck dishes - avoid disposables – Having a party, BBQ, group potluck, etc? Don't use disposable dishes. I have a set of 35 plates, bowls, cups, and silverware to loan. All dishwasher safe (residential, not commercial). \$100 cash deposit required -- returned when items are returned. Must return clean.

Pricing: 8 total lets

Maintenance

Carpentry and more – I have 18 years experience. I am offering remodeling, deck work, and small projects. You supply material & Gas money and I supply the know how.

Pricing: TBD

Construction / carpentry – Construction, light carpentry.

Pricing: TBD

Plumbing – Plumbing repair / small jobs. H2O heaters, faucets, installations. Professional.

Pricing: 10 lets per hour

Miscellaneous

Housesitter – will watch your house while you are out of town 4 lets/night

Pricing: 4 total lets

Loft – 4' by 7' loft 5'6" high stable . god for storage . Can trim legs to be work table. rough wood can be sanded and finished

Pricing: 30 total lets

Organizing – Are you wanting help with getting organized, and need some extra energy to plow through all the stuff..... Simplify and Clear out

Pricing: 30 lets per hour

Pets

Cat Sitting – I'm willing to go to your home and feed, water, cuddle with your cat and scoop / change litter box if you're absent or recovering. 5 LETS per day. Right now can only provide this service within 2 miles of Grove Park Inn.

Pricing: 5 total lets

Dog sitting – Dog sitting

Pricing: 5 lets per hour

Dog walking – Dog walking

Pricing: 5 lets per hour

Dog walking or pet sitting – will walk your dog or pet sit

Pricing: 5 lets per hour

Sustainability

Earthen Painting – Professional Earthen Interior Painting, a homemade, non-toxic paint using clay, mica, straw, sand, and mineral pigments. A beautiful, textural alternative to latex paint, it ends up looking similar to homemade paper. Am happy to teach this skill also. Prices vary depending on project.

Pricing: TBD

Energy Efficiency Consulting – Want to green up your home and save money on energy bills? I have a good working knowledge base of cheap and expensive ways to add renewable energy and energy efficiency to your home. An inefficient home can be a significant contributor to global warming.

Pricing: 5 lets per hour

Greening your home – By phone, email and in person suggestions for your health and the planet's health.

Pricing: 5 lets per hour

Professional organizer here to help w/your clutter – Clutter driving you crazy? I can help! Experienced in organizing-everything from kid's playrooms to kitchens to overloaded basements. 15-20 lets per hour depending on intensity ;) + money for any needed supplies

Pricing: 15 lets per hour

Weatherization & energy conservation consulting – I can find where your home is losing energy, and help you fix it. I can teach you techniques, help you acquire the right materials, and help with some of the work. Save money, increase your comfort, and reduce your carbon footprint. find out more at www.helpmeweatherize.com

Pricing: 10 lets per hour

Wind Power Consultations – Interested in powering your home off wind power? I can help you through the process, from determining weather wind power is right for you to installing your turbine.

Pricing: 5 lets per hour

Miscellaneous

Education

Any info about Egypt, ancient or modern – Have been going to and studying Egypt for 30 years, lived there 6 years, speak Arabic, have lead spiritual tours there for 20 years. Wrote the best selling Arabic phrase book in Luxor.

Pricing: 5 lets per hour

Arabic Phrase Book – "Talk Like An Egyptian: a Phrase Book for the Conscious Traveller in Egypt." Easy to use, no study needed. Best selling Arabic phrase book in Luxor.

Pricing: 3 total lets

Cat-setting – Will watch your cat in my home if you provide food, litter box, etc.

Pricing: 5 total lets

Coaching to Have Your Own Radio Talk Show – In less than 30 days you can have your own radio/internet talk show and be sending your message to the world.

Pricing: TBD

Coaching to Publish Your Next Book – I can show you how to become a published author for less than \$100. The initial consultation is free.

Pricing: Free

Creative Coaching for Writers – Creative Coaching for Writers Support, inspiration, instantly effective whole brain techniques, editing & self-publishing help for fiction, autobiography, poetry, songwriting, fantasy writers. Creativity Consultant and college teacher with 26 years of experience. Free consultation.

Pricing: 0 lets per hour

Design Consultation – If you have a design idea and need

Know Your Rights workshops – 1-2 hour group or individual workshops in regards to various legal support.

Pricing: 6 lets per hour

Mais oui, you can learn French! – Feed your brain learning French while having fun! Surprise yourself with how much you are able to learn in just a few hours, painlessly! Refresh your French, start anew or practice and expand what you know. MayaJoelle is a native experienced teacher.(24+years) Several levels available

Pricing: 5 lets per hour

Marketing Advise – Want to make more money? Advice to small (Mom-Pop) businesses from my book "101 Ways to Increase Your bottom Line."

Pricing: Free

Personal Yearly Readings – Ancient science of the cards. Combines astrology, numerology, and the 4 suits. An aid to conscious decision making. Full written report, consultation and questions by phone all year. 5 Lets +\$2 materials

Pricing: 5 total lets

Sign Language Instruction – I'll teach you beginner/intermediate Sign Language.

Pricing: 5 lets per hour

Sound advice/mediation from Wise Woman – Good listener, much life experience, certified Mediator. Relationships, career, major changes, feeling stuck, etc.

Pricing: 5 lets per hour

Swimming Lessons – Infant-adult swim lessons offered. Prefer your pool or gym, or you can come to YWCA and pay the membership fee as my guest. Learn to be a better swimmer, get

your child personal swim lessons or become comfortable in the water w/your infant.

Pricing: 5 lets per hour

Teaching primitive skills – Braintanning, buckskin sewing, firemaking, bark shelter making, basket making and more! 5 lets/hr plus materials, gas and travel time

Pricing: 5 lets per hour

Tutoring – Tutoring in math and science, up to a college level.

Pricing: TBD

White dove release – 1 white dove release {12 doves} to celebrate your special event, wedding, memorial, birthday, anniversary, you name it! Yes, they do come home. Julia G.

Pricing: 18 lets per hour

Will help you build your own worm bin – Living somewhere that makes it hard to have an outdoor compost? Worm Composting can be done inside and costs next to nothing. I can show you how it works & get you started with your very own worm bin. If you don't have materials, they cost about \$20.

Pricing: 5 lets per hour

Lending

Cell Phone to loan – Cell phone (activated for the whole US). 1st 20min per day + weekends FREE. 4 Lets per day. Good to have while traveling out of town.

Pricing: 4 total lets

Other

5 gallon plastic buckets with lids – I have a continuous supply of 5 gallon plastic buckets with lids. They have only had horse vitamins in them. Can be used for rainwater storage, animal water buckets or anything else you can think of. 2 LETS per bucket & lid

Pricing: 2 total lets

Activist Organizing and Planning – Naomi is offering consulting and planning advice for activists and cause oriented people engaged in struggles for peace and justice. She has 13 years of experience working and organizing for social change and has provided consulting to organizations in the past.

Please contact Naomi at 828-230-1404 or tzorihou[at]gmail.com

Pricing: 5 lets per hour

Astrology – Individual Astrological consulting from Benjamin Bernstein of It's All Good Astrology. 20 LETS/hour, or 10 LETS + \$40/hour. See www.ItsAllGoodAstrology.com for other available astrology services.

Pricing: 20 lets per hour

Available for Art Modeling – I am a young female available for art modeling in whatever medium, clothed or unclothed. I

Feng Shui Audit – Get a classical, traditional feng shui audit to improve health and finances for your home or business. This is not interior decorating.

Pricing: 15 total lets

Long distance to Europe or US for lets – Can connect you to any number in US or Europe for 1 let per 5 minutes (20 min=5 lets) Minimum: 2 lets.

Pricing: 12 lets per hour

Recirculation: – Hello I salvage various New/Used items (store closeouts, overstock, recently expired, etc) and recirculate them back to public use. Items vary, but currently include personal care items, greeting cards, tools, LOTS of snack foods (cookies, crackers, etc), lots more. Earth's resources conserved/reused=landfill volume reduced=fewer toxic byproducts from manufacturing.

Pricing: TBD

Recirculation: Dog leash, retractable – Turquoise color, strong. could be used for large dog, but best probably for medium or small size dog. Large dog Guatamalen lease.

Pricing: 18 total lets

Recirculation: Odd & unusual items – Rugs, American Indian

items, beads, ivory items, unusual antique furniture...

Pricing: TBD

Tarot Card Readings – Do you have questions that you would like answers to?

Pricing: 5 lets per hour

Tax Returns and Accounting – experienced tax preparer quickbooks pro advisor certified in quickbooks point of sale

Pricing: 12 lets per hour

editing/proofreading available – my english degree is just gathering dust! I can edit and proofread school assignments, business proposals, love letters, the next great american novel...just about anything :)

Pricing: 5 lets per hour

Music

Basic Drum Lessons – Basic drum lessons on a kit, not hand drums.

Pricing: TBD

Didgeridoo lessons – Learn the way of the didgeridoo, from basic tone to circular breathing. I've been teaching for many years.

Pricing: 4 lets per hour

Fiddle lessons -- beginner – Get started or enjoy some refresher lessons on that fiddle you keep meaning to learn. Lessons are half hour.

Pricing: 5 total lets

Guitar & Rhythm Lessons for Kids! – Patient, Fun, Engaging guitar lessons for your child. I work in twenty-minute sessions. I'll come to you. I've been playing guitar for 15 years. My approach works to improve rhythm, listening skills, & life long fun playing guitar.

Pricing: 10 total lets

Lessons: Guitar and Music Theory – I'm a very patient and experienced music teacher offering lessons to both beginners and seasoned musicians. Lessons are taylor-made to boost your personal musical growth complete with my own hand-made handouts and diagrams.

Pricing: 11 lets per hour

Let your voice sing freely! – One of the most precious tools for well being is absolutely free and accessible: your own voice. Unleash your creative energy, develop trust and intuition. Explore your voice through improvising, toning, chanting. Expand your vocal awareness. Enjoy a beautiful loving community sharing their sounds.

Pricing: TBD

Instruments

Handmade Cajons - Wooden Box Drums – Handmade box drums that you sit on while playing. Commonly used in Afro-Peruvian, Cuban, and Flamenco music. Made in Asheville using various local hardwoods.

Pricing: TBD

Lending

Bose PA System – I have a Bose Cylindrical Radiator PA System that is perfect for a couple musicians or a singer/songwriter. I haven't used it much or loaned it out, so I'd like to accompany you if you use it (for now)! Look at Bose's website for more info on this model...

Mandolin & Music Theory – Experienced Mandolinist willing to teach how to play the instrument and/or beginner to upper-intermediate music theory.

Pricing: 5 lets per hour

Mandolin lessons -- beginner to intermedia – I am an accomplished player and a patient, experienced teacher. Lessons are half hour long.

Pricing: 5 total lets

Music lessons – Lessons in piano, flute or guitar by long time professionals

Pricing: 5 lets per hour

Music lessons – Private or small groups, in your home (Asheville & Buncombe County) voice and all instruments, all ages and styles, 20+ years Prof. teaching exp., Fun and Rewarding! (Referrals available.)

Pricing: TBD

Tuvan throat singing lessons – I can teach you technique for Tuvan kargyraa, and sygyt and chylandyk style throat singing

Pricing: 5 lets per hour

electric bass lessons – beginning, intermediate, advanced, music theory, ear training, improvisation, technique. I have a performance background and +/-10 years teaching experience. Half hour to 1 hour sessions.

Pricing: 10 total lets

Pricing: TBD

Performance

Music performance – Singing for weddings or special occasions.

Pricing: 10 lets per hour

Native American flute playing – Flute playing for special occasions, as a serenade or a lullaby or simply for your own pleasure.

Pricing: 7 lets per hour

Recreation

Books & Media

Recirculation: Book - The Circle of Healing – New condition

Pricing: 2 total lets

Recirculation: Books – a collection of books on varying topics including literature, feminism, and others. Loans available and encouraged.

Pricing: TBD

contact improv instruction/facilitation – i've been doing contact for about a decade, as well as teach and facilitate. i can work one on one or with large or small groups, teaching intro level or working with more advanced dancers.

Pricing: 5 lets per hour

Education

Learn to salsa dance! – I can teach all levels, no partner necessary. 10 yrs Dance Education experience. Professional.

Pricing: 5 lets per hour

Learn to swing dance! – I can teach all levels, no partner necessary. 10 yrs Dance Education experience. Professional.

Pricing: 5 lets per hour

Tour of Asheville – 1.5 hour tour of Asheville

Pricing: TBD

Yoga Classes – Yoga for meditation/relaxation/devotion. Class Tuesday nights, 6:30-8 contact for details. Also, private consult for therapeutic benefit/personal practice. From ancient Yogic practices. Excellent for: insomnia, anxiety, depression, addiction, lack of focus, fears, stress, digestive issues, detox, etc.

Pricing: 9 lets per hour

Outdoors

Backpacking/Camping info, planning, gear advice – New to backpacking? Planning a trip? Need help buying quality gear? I offer Info, advice, & assistance, especially: Planning, preparation, health & safety, food & nutrition, clothing/layering systems, first aid and survival skills, what gear you need (and what you don't), etc.

Pricing: TBD

Recirculation: Snow Skis – I have 3 pair of snow skis. Good used condition. Priced per pair.

Pricing: 12 total lets

Rock Climbing Lessons – Available to take 1-2 people rock climbing. Great if you're interested in trying it out or learning more. I have all of the gear-all you need are shoes and harness, which can be rented. All skill levels welcome. Call for more info.

Pricing: 5 lets per hour

Walking, hiking, biking or tennis volleying buddy – recreational

Pricing: TBD

Social

Education

"Kind communication" coaching – Professional.

Pricing: 5 lets per hour

Consent workshops – Let's talk about consent! I can offer workshops & discussions to any person or group.

Pricing: TBD

Rollerblading session – I'll teach you how to roller-blade. You'll have to provide your own skates, but I promise not to snicker when if/when you fall.

Pricing: 10 total lets

Events

Bartender/server – bartending & service for private parties, circus style

Pricing: 5 lets per hour

Language

English/Spanish interpreting – non profit. intermediate level.

Pricing: TBD

French & Spanish tutor – French & Spanish tutor

Pricing: 10 lets per hour

Spaces

Living

House sitting – House sitting

Pricing: 5 lets per hour

Meeting

Showspace – Huge basement with a stage.

Pricing: 5 lets per hour

Tool Share

Education

Industrial sewing machines & lessons – Have complete sewing room available for experienced seamstress to use with several industrial sewing machines (walking foot, sergers, heavy duty Singer w/zig-zag & cutting table. You pay for electricity, only.

Pricing: TBD

Lending

20 ft extension ladder – Werner aluminum extension ladder, 20 ft. You're welcome to borrow it for 1 LET per day. Deposit required. Thanks!

Pricing: 1 total lets

Carpentry tools for Lending – Planer, Table Saw, Circular Saw, 10in. Miter Saw, Compressor, Brad nailer, Palm Sander, Router, Cordless Drill and Drill Acc. All items that use blades or bits will require \$1 for wear and tear.

Pricing: TBD

Chipper / Shredder Loan – Chipper / shredder to loan.

Pricing: TBD

Circular Saw, Cordless drill, Air compressor ect – I have various power tools available to borrow Nice circular saw Nice cordless drill Portable Air compressor with hose Pneumatic framing nailer

Pricing: TBD

Generator Loan – Generator Loan.

Pricing: TBD

Kitchen tools – I have some kitchen equipment that I would be willing to lend you: Kitchen Aid stand mixer, Kitchen Aid food processor, blender, immersion blender, pressure cooker, breadmaker, pestle and mortar, ricemaker, digital scale, etc.

Pricing: TBD

Miscellaneous

Woodworking studio available. – I own a woodworking studio downtown, I offer consultations, advice, and/or use of my shop for your projects. What do you need done ?

Pricing: TBD

Transportation

Education

Big truck – The community at Steve Arpin's now owns a big big truck that you can rent to haul big big loads of heavy stuff when you need to. Rent is a mixture of dollars and LETS.

Pricing: TBD

Post hole digger use – Sometimes you really need a post-hole digger, but you just can't bear to spend \$50 for something you'll only use once. Good news, you can borrow mine! 5 lets/day. I may be able to drop it off for additional LETS and/or gas money, depending on your location.

Pricing: 5 total lets

Rototiller Loan – Rototiller loan.

Pricing: TBD

Tile saw – We have a well loved tile saw to loan out

Pricing: 4 lets per hour

Woodworking tools – I have lots of portable woodworking tools and a woodworking shop.

Pricing: TBD

Straight Vegetable Oil Consultation – If you are considering using vegetable oil as an alternative fuel, I can help you understand what this choice entails and your options. If you have a problematic conversion, I can troubleshoot. Former employee of Frybrid.[1] Prefer phone but in-person possible. Pricing per session. [1]<http://frybrid.com>

Pricing: 10 total lets

Hauling

Van + driver – Can help you transport furniture/etc. in my van, but can not help you load. 5 LETS/hr, but can be less if you feed me good vegan treats...

Pricing: 5 lets per hour

Lending

Ford Van to loan (7 passenger) – 5 lets per Hour, 14 per day, 45 per week, 7 passenger

Pricing: 14 total lets

Maintenance

Bike Maintenance – Tube-ups and replacement work. Free consultation.

Pricing: 5 lets per hour

Fix Bikes – Clean/Tune Up/Overhaul

Pricing: TBD

Oil Change – I'll change your car's oil 10 Lets plus costs.

Pricing: 10 total lets

Vehicle check over. – Visual inspection of vehicle components.

Will make you a prioritized list of things you may need to repair.

Pricing: 5 total lets

Parts & Supplies

Old motorcycle for pick-up – For taking apart, fixing, putting back together.

Pricing: 0 total lets

Rides

A Ride to the Airport – I will give you and your luggage a lift to the airport. Can also arrange to pick you up and get you home. LETS cost determined based on mileage.

Pricing: TBD

Hiker shuttle – Willing to drop off/retrieve up to 4 hikers at a time + their gear to or from various area trailheads. LETS + cost of fuel.

Pricing: TBD

Ride Offered – I'm offering transportation when I'm available, which is fairly often. I have a large sedan(Grand Marquis), so I can transport 4-5 people and/or any items that I can fit in my car or trunk. I charge for gas money in addition to LETS(based on current gas prices).

Pricing: 4 lets per hour

Ride offer – Need a ride to or from....

Pricing: TBD

Rides to & from Airport – Avoid paying for long-term parking by taking up this offer for a ride to or from the Asheville airport! Gas + 5 LETS/hour. Also, if someone you know needs to be picked up/dropped off because you can't take them, this would be a good deal!

Pricing: 5 lets per hour

Current Wants

Child & Elder Care

Babysitting

Babysitting – I have a 1 year old and a 5 year old - would like a babysitter to come to my home.

local red meat and liver – I am interested in locally grown red meat and organ meats. contact me by phone only

Clothing

Women's Clothing

Handmade clothing – handmade clothing

Computer & Office

Comp. Hardware

In seek for kitchen stuff – Stainless steel pots, big ones 1 gallon size and bigger, kitchen machine, noodle machine etc. just tell me what you have and i see if i have a use for

Your old or broken computer – I'm looking for laptop and desktop computers and peripherals that are broken or no longer in use. My intent is to fix up machines and make them available at cost to LETS members. Tell me what you've got and I'll let you know if I can use it!

Education

Computer tutoring / coaching – Computer tutoring / coaching

Miscellaneous

Help with Windows Vista – An hour or two of help trouble shooting the Windows Vista program on my lap top.

Paper Folding Machine for 60-150 lb paper – I'm looking for a paper folder that will fold heavy cardstock.

Craft & Art

Education

Jewelry making – Jewelry making

Photography

Photo emulsion – Photo emulsion screen printing.

Food

Catering & Prep

Raw Food Prep – Preparing raw food creatively without / with fancy equipment.

Dairy

Eggs – i want cage free eggs.

Local eggs – i would like local, free range eggs. it doesn't have to be a dozen at a time.

Eggs – local eggs

Eggs – Organic local eggs.

Fresh free range eggs – From chickens fed naturally, no chemicals.

Goat cheese – Looking for local, organic goat cheese.

Equipment

Knife sharpener – Knife sharpener

Miscellaneous

Organic vegetables – I would love to trade for some of the vegetables you're growing in your backyard. I'm not picky, so whatever you've got extra of!

Processing

Local canned or preserved goods – sauerkraut, jams, jellies, etc.

Produce

Extra veggies – Extra veggies

Fermented Vegetables – My family goes through 2 to 3 quarts of fermented veggies every week. If you can help with the supply, let me know.

Fresh local produce – chemical free veggies and fruit.

Local produce – local, seasonal vegetables and fruits.

Organic produce – Organic produce.

Seeking regular veggies, delevered or pick-up – We've love to source some locally grown veggies for our family, LETs/CSA style. If you're producing a regular surplus of veggies and would like to exchange, we'd love to know about it!

local produce – any kind

Garden & Yard**Landscaping**

Large landscaping stones – Large Stones suitable to plant around in Rock Garden or to use as stones in Fire Pit. We have a van to haul them but could use help in loading and unloading them if possible.

Top Soil/ Fill Dirt Delivered – Looking for unpolluted soil to be delivered to East Asheville. Might need some fill and potentially top soil

Lending

Tiller – tiller loan

Maintenance

Lawnmowing – I need someone with a lawnmower to mow my pretty large yard.

Yardwork – Berry bushes and high weeds are taking over! I need someone who can handle this amount of growth.

Weed whacking, hedge cutting & misc. – I have equipment

Miscellaneous

Compost or Pick up compost for me – Wood like some good compost, mushroom ect or if you have a truck and can pick up for me that would be great!

Firewood – I would like some firewood that is already split. 18" or less. 258-9386

Plants & Seeds

Looking for Privacy Screen Bamboo Plants – Do you have some extra bamboos to spare? Looking for a fast growing - winter hardy fairly tall bamboo. Edible shoots and lumber qualities a plus.

Native plants – Edible, medicinal, habitat

REAL Aloe Vera Plants – I would love to get some. I love them. if you have one you dont need anymore, please, i would like to get it.

Tools & Supplies

Fresh cut logs for mushroom cultivation – I'm looking for freshly cut logs, cut within 2-3 weeks at the most, to grow mushrroms on. I can use Oak, maple, poplar, beech, and many other types. I have a van and a chainsaw, and can pick them up in the Asheville area.

Garden tools – Looking for shovels, hoes, etc...

Good compost & digging fork – Good compost & digging fork

Lawn Mower – I need a well running small lawn mower. I have a small yard.

Health & Beauty**Body Work**

Dentistry: My grill is busted – So my grill is busted. It's not really that bad but it does need some work. If you happen to read this and your not a dentist and you know a good one...Maybe you should recommend LETS to them :).

Massage therapy – Massage therapy

Household**Appliances**

good vacumm cleaner with a hose. – I need a vacuum cleaner with hose to clean dog hair off my couch.

Furniture

Futon Mattress – Full size futon mattress mattress - still looking

small dresser – need small dresser, paint or finish condition not important

Maintenance

Building Skills – Brick & mortar, adobe, conventional, framing & stone. If it involves coming to a jobsite, so be it.

Carpenter, plumber and mechanic – Seeking someone to assist with carpentry, plumbing and mechanics work.

Clean gutters – Clean out gutters on 1,000 sqft house and 600 sqft garage. I have a ladder.

Electricity Know-how – Installing lights, troubleshooting, electronics repair, etc.

Need Handy Person! – I need handy person for a number of household problems.

Primitive housing – How to build basic structures

Miscellaneous

Jars, Barrels – Looking for mason jars with lids, large flour jars - really large - more like barrels. No plastic.

Pets

Dog sitting – Dog sitting

Miscellaneous

Education

Building supplies. – Concrete blocks, bricks, boards, tin roofing windows, nails, bags of unused concrete, tile, electrical hardware etc. I am collecting these supplies for a potential greenhouse in my backyard.

Other

Animal skins – If you butcher your animals for meat but don't use the hides, I'd love them! Rabbits, sheep, goats, or others.

Cigar Boxes – I am looking for empty cigar boxes in good shape can be wood or paper.

Help me for half a day at a craft show – I sell pottery at local craft shows about once a month. I often need someone to help me set up and help with sales. I'm happy to pay for your gas and lunch, and then pay you in pottery and/or LETS for your time.

Odd & unusual items – Looking for rugs, American Indian items, beads, ivory items, unusual antique furniture, paintings...

Shop help – Help keeping my woodworking shop orderly in exchange for LETS and/or help making your own Native American Flute

Music

Education

Beatboxing lessons – I want to learn the way of the beatbox. The unwritten dictionary of the drum.

Music theory – Piano, accordion playing, singing lessons.

Piano lessons – I would piano lessons. I am a beginner-haven't played for 4 years. I own a piano.

Teach me the way of the Sitar! – I have just bought a sitar recently and I really want to learn how to play it from a real human and not from online sources.

Instruments

Cello – looking for cello for adult

Supplies

Broken, junk, unused instruments and parts – Want instruments any condition. Guitar parts - electronics, old mandos, fiddles, flutes, basses, ANYTHING!!! I am learning instrument repair. Put your junk to good use

Social

Language

Arabic conversation partner – I want to practice my arabic speaking skills with another arabic speaker.

Spaces

Living

Cabin or Cottage for a weekend retreat – I'm looking for a cabin or cottage in or around WNC for a weekend stay. I'd want it for 2 nights. A Friday and Saturday and be gone on Sunday. Thank you in advance! I will treat it w/ respect and care as if it were my own.

Professional

Single or Two Car Garage – I need a space to work on my and friends cars. Require flexible access and ability to store tools.

Transportation

Maintenance

Auto body repair – I need someone to repair some rust on my truck doors.

Automotive Tech – Upkeep, maintenance, troubleshooting, repairs with or without fancy equipment.

Rides

Car ride – need car ride to or from work at 8:15a and 6p

ride to/from Charlotte airport - April 4 & 8, 2 – Need ride from Asheville to Charlotte airport, April 4, 2010. Need ride from Charlotte airport to Asheville, April 8, 2010. Request is for an out-of-town guest -- cash compensation agreeable. Discuss times and logistics one-on-one.