



Asheville**LETS**
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Asheville Local Exchange Trading System

February Directory

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An Exchange System Build for Everyone!

The Asheville Local Exchange Trading System (LETS) was started in response to regional underemployment and recent increases in the cost of living. This network seeks to restore local economic control through the community exchange of services, resources and advice.

Unlike direct trade (where both parties must want what the other offers and exchange in roughly equal amounts), LETS members exchange services for credits (called, simply, "LETS") which can then be swapped for the services of any other member in the network. Members are able to earn LETS in ways they could never earn dollars and they can get what they need without spending hard-earned cash.

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Current Offers

Child & Elder Care

Babysitting

Caregiving – Experience raising and homeschooling my 3 children (now adults). One with special needs/medical needs. Also volunteer with Hospice, caregave my mom, and help my dad with his demetia. Work PT caregivers elders.

Pricing: 30 lets per hour

Childcare – i've been taking care of kids for years now and would love to help folks in the network out. i charge 7 lets/hr for weekends.

Pricing: 5 lets per hour

Childcare – I will make the fun with kids and you can do whatever you want.

Pricing: 5 lets per hour

Childcare & Elder care – Experienced childcare offered! CPR AND First aid trained! Talk to me about "pricing."

Pricing: 0 lets per hour

Digital Painting and Collage Lessons. – Create and print your surprisingly beautiful painting in one session. Make a personal mandala or visionary portrait of yourself. Visit portfolio of artist/teacher, <http://www.artwanted.com/Saraphael> to explore possibilities.

Pricing: 15 lets per hour

Dream Interpretation – After spending years interpreting my own dreams and the dreams of my friends, I'm pretty good at it. I may need to get more information from you, but I can help you puzzle it out.

Pricing: 5 total lets

ECLECTIC MASSAGE WITH ACUPRESSURE IF DESIRED – PRIOR ACUPUNCTURE PHYSICIAN WITH OVER 13 YEARS EXPERIENCE IN ACUPUNCTURE, NOT ACTIVELY PRACITCNG ACUPUNCTURE, WOULD LIKE TO EXCHANGE MASSAGE THERAPY WITH GOOD MASSAGE THERAPIST. I ESPECIALLY LIKE REFLEXOLOGY.

Pricing: 15 lets per hour

Experienced childcare – I'm a mama of two and I'd be happy to bring another baby bird or 2 into my nest! I have a 2 yr. old boy and a little girl in kindergarden. I have a childfriendly home and my kids love new playmates. Time and place are flexible.

Pricing: 5 lets per hour

Fun and Energetic Child Care – I have four years of experience working with kids of all ages. Great references. I am taking a class in early childhood education.

Pricing: 5 lets per hour

Education

Advocate for Kids with Exceptional/Special Needs – I have a Special Education degree and have worked as a K-5 Special Education Teacher. I can share my understanding and knowledge of the IEP process and Special Education Law, help you evaluate the effectiveness of your child's IEP/504 plan, and attend IEP meetings as an advocate and support person!

Mamas and Papas- need a break? – I am a mother of an 11 yr old boy, have worked in several preschool centers, nannied and babysat for over 15 years. I have worked with newborns through teens, and special needs children as well. I have excellent references :)

Pricing: 10 lets per hour

Nanny or Companion Care – I have been doing these 2 professionally, for over 15 years. I enjoy being w/ kids of all ages, love doing creative projects with folks, can/ will drive where/ when needed, and really like being outdoors. I have references.

Pricing: 5 lets per hour

Organic microgreens – oceangrown microgreens in 11"x21" trays Pea shoots, sunflower greens, daikon radish and yellow mustard, adzuki, blue corn, wheatgrass and more. Plastic trays are returned to be reused (honor system).

Pricing: 17 total lets

Quality Childcare in Your Home – I offer quality childcare in your home, and will bring my 2-year old daughter, who loves playing with other kids and is very easy-going. I practice attachment parenting with my daughter and also conscious discipline and positive/gentle parenting. Can provide references.

Pricing: 5 lets per hour

This Grandma Wants to Play with Your Kids :D – I do NOT clean houses while babysitting but your kids ARE apt to have a good time playing games, singing, dancing, doing arts & crafts, learning how to whistle while they work, reading/writing/acting out stories, & whatever else we can think of that's safe & fun.

References available.

Pricing: 5 lets per hour

Two students with babysitting experience – Pretty self-explanatory, we live right off Merrimon avenue, and would prefer to babysit at your house, but could have folks drop kids off over here as well!

Pricing: 0 lets per hour

Enrollment in Redfern Children's Garden – Enrollment in Redfern Children's Garden.

Pricing: TBD

Math Tutoring – Math tutoring for middle school students

Pricing: 4 lets per hour

Pricing: 5 lets per hour

Babywearing instruction – I can teach you how to wear a baby on your front, back, and hip using traditional cloth baby carriers from around the world. This is a great skill for moms, dads, grandparents, babysitters, daycare workers, or anybody who spends time with babies and small children.

Pricing: 5 lets per hour

Miscellaneous

Interactive Fantasy Portraits for Children – Ride a tiger, fly with Pegasus, become an angel, warrior or alien! I manifest your child's vision with photography and digital art. A unique gift and boost to confidence. See Children's Portraits Gallery at <http://www.artwanted.com/Saraphael> for more examples.

Pricing: 15 lets per hour

Nature play with children – I will take your child or children for a fun adventure in the natural world - building fairy houses, making small dams, throwing rocks in streams, etc.

Pricing: 5 lets per hour

Clothing

Accessories

Knitting lessons – I'm not a fancy knitter, but I can teach you the basics.

Pricing: 5 lets per hour

Recirculation: Sole protection for dancers – Brand new pair of Foot Thong sole protection by Bloch. Ladies' medium. Light skin color, leather and elastic.

Pricing: 12 total lets

Education

Sewing lessons – I can teach beginning sewers.

Pricing: TBD

Miscellaneous

Use of laundry room – Bring your own detergent, etc.

Pricing: TBD

Tailoring

Basic Hemming and Clothing Repair – If you need any hemming or general repair of clothing, blankets, pillows, ect. I can help!

Pricing: 5 lets per hour

Darning / mending – I can darn socks, sew on patches for jeans, repair ripped seams or holes.

Pricing: TBD

Wedding & Formal

Recirculation: Wedding Dress – Size four formal wedding dress with see through flower lace back, hanging white roses. Comes with a matching white rose tierra veil and slip. Picture will be posted soon. Ask us about other wedding extras.

Pricing: 25 total lets

Recirculation: Wedding dress – I have a never worn ivory Susan Lane T length wedding dress. It is a size 12. Been hanging under plastic for 7 years. originally priced at \$350.00.

Pricing: 20 total lets

Women's Clothing

Handmade clothes for the whole family. – Fun, funky, comfy, original clothing made from scratch using limited quantities of never used vintage fabrics and modern closeouts. From my stock or special order. www.lushlifeoriginals.com

Pricing: 0 lets per hour

Computer & Office

Administrative

Copy Editing – I'll go over any text and search for errors in spelling, punctuation, and grammar. I'm happy to offer suggestions to improve the impact of your presentation, if you so desire.

Pricing: 10 lets per hour

Life goal session – I have a life goal session that helps you go really deep to see if you are on track with your REAL life goals. Then I can give you guidance & tools on how to make your goals reality. I worked in the personal financial planning

PC Repair – Email me with what is wrong with your PC and I will let you know if I can help - Hardware and software repair, data recovery, deleting personal information off of old computers prior to recycling.

Pricing: TBD

Typing, Word Processing, Clerical Work – I actually like paperwork! You probably don't, so let me help you with it. I used to be considered a Microsoft Word guru, back when I temped for a living, although I haven't used the newest version yet. I'd love to

get some practice with it.

Pricing: 5 lets per hour

Comp. Hardware

Buying a new computer? I can help – If you are buying a new computer and aren't sure what you need or how much to pay, I can assist you. I routinely help individuals find discounted desktops and laptops matching their needs and budgets (desktops and laptops as low as \$300 to \$400). I also recirculate used hardware.

Pricing: 5 lets per hour

Help in building your own computer – I have a lot of experience building computers from ordered parts. You can get a better computer for less, and exactly the way you want it. I can also show you how to do it too...its just like putting together leggos if you have the right parts.

Pricing: 5 lets per hour

Comp. Software

Computer Maintenance – I'll assess your Windows computer, install freeware to search and destroy spyware and viruses, and maximize your systems performance. One-time or regular maintenance available per your needs.

Pricing: 10 lets per hour

Laptop computer with wireless card to loan – Laptop Computer: 5 Lets per day, 25 Lets per week Great for Internet. Batteries last 1 1/2 hours per charge.

Pricing: TBD

Computer Programming – I'm a professional programmer and can offer my services for programming projects. Professional experience in Java, Perl, others. Unlikely to take on large projects, as I'm employed full-time, but might be willing to provide some guidance and support for a larger project.

Pricing: 10 lets per hour

Education

Digital Image Help – You've recently gotten a digital camera and you're not sure what to do with it after you shoot the pictures. Long term digital photographer will help you understand and organize your digital images.

Pricing: 5 lets per hour

Photoshop Training – Jump start your photoshop skills with a one-on-one session in Photoshop working with your images. See my work at <http://brotherhug.com>

Pricing: 5 lets per hour

Writing help – I am trained in proofreading, writing development and concept organization.

Pricing: 7 lets per hour

Graphic Design

Adobe InDesign Tutorial and Phone Help – Get a basic introduction to this powerful Adobe layout program, or call me for help on specific projects

Pricing: 5 lets per hour

Flyer and Poster Design – Poster and Flyer layout for your business or event. Can also arrange for production.

Pricing: TBD

Recirculation: artwork, layouts, web graphics, illustra – I can do a variety of work, page layouts, sign designs, menus, brochures, basic websites, little database setup, illustrations.

Pricing: 15 lets per hour

Internet

E-Mail Handling, Website Updates, Google Ads – You wanted to make a living doing what you love, not just sitting at a computer --but it's hard to run a business without the Internet these days. Let me take care of the Internet for you so you can concentrate on the hands-on work you enjoy.

Webdesign and teaching Front Page web program – Virato will create your website, get it online, and train you how to update, using Front Page 2003. Cost or domain registration and server storage extra paid directly to those companies. Add 50 cents per mile gas/auto expense from Michigan & Haywood in West

Asheville

Pricing: 5 lets per hour

Lending

Digital projector and screen – i can rent these to you or help you set up a film screening with my projector, screen and audio system.

Pricing: TBD

Miscellaneous

Computer maintenance / repair – Virus removal, spyware removal, speeding up computer, adding memory / equipment.

Pricing: 5 lets per hour

Computer software/hardware repair – i will repair your computer's hardware/software if it's not running as well as it used to, or plain not running at all. this is primarily aimed towards spyware/malware removal and protection, but i can pretty much do it all. price to be negotiated.

Pricing: 0 lets per hour

Video

Assistance with Final Cut Pro – I can either help you edit in FCP, or I can teach you FCP

Pricing: 10 lets per hour

Copying DVDs – i have the equipment and know how to copy DVDs.

Pricing: 5 lets per hour

Creating videos out of your photographs or artwork – I'll make videos out of your photographs/paintings with your choice of music or voiceovers. Great for bios, family history or any projects you have. Experienced multimedia artist makes your stills move and your story come alive. See samples on YouTube: <http://www.youtube.com/user/VisionsofSaramuse>

Pricing: 15 lets per hour

Writing

Editing – Help expressing the essence of your ideas in clear and powerful language. Books, zines, articles, letters, etc.

Pricing: 4 lets per hour

Editing and proofing – Editing and proofing

Pricing: 5 lets per hour

I will write for your blog – I will write a 200 - 300 word essay on any topic you'd like for your blog.

Pricing: 5 total lets

Proofreading, Copyediting, Substantive Editing – I'm a former scientific copyeditor and have also worked as a proofreader and substantive editor, handling research articles, government proposals, training materials, and more. Comfortable with medical and technical vocabulary, APA and Chicago stylebooks, and confidentiality agreements. I especially love working within the human services and mental health fields.

Pricing: TBD

Craft & Art

Digital Art

Photo restoration – Save precious family images and have copies on disk for future reproduction. Restore faded or damaged photos.

Tax / Accounting, Speak to Groups – Coping with income tax system; getting tax breaks you deserve; freelancing vs. employment

Pricing: 10 lets per hour

Transfer VHS films to DVD media – i can transfer VHS movie/tapes to DVD discs. Or you can rent this equipment.

Pricing: 5 lets per hour

Video file conversions – Can convert various video files to DVD format or vice versa. Can also burn onto DVD or CD as data files. I can not convert VHS to DVD see David Clovers Listing for that....thanks

Pricing: TBD

Technical Writing, Training Material, Brochures – Clear and simple text to help your staff, students, or stakeholders -- software and equipment tutorials, policies and procedures manuals, patient education materials, program brochures, web pages, proposal submissions. My past clients include many Health and Human Services agencies and the government's Telemedicine Research Lab.

Pricing: TBD

Translation Spanish/English – Will translate written materials (digital preferred) between Spanish and English. Pricing is by word count, complexity and turn-around time.

Pricing: TBD

Writing / Editing – Will look over written non-technical material and improve for understanding.

Pricing: 6 lets per hour

Visionary Portraits – What if your favorite angel, goddess or hero had your face? Using "cyberalchemy" and with your participation, I create a visual affirmation of your unique beauty

from your photographs, personal symbols, animals, flowers, etc.
See samples of portraits for children and adults at:
<http://www.ArtWanted.com/Saraphael>
Pricing: TBD

Drawing & Painting

Drawing Lessons – Are you a complete beginner who would like to learn to draw people, faces and places? Or just out-of-practice and would like to brush up on drawing techniques? I can tutor you in the basics.

Pricing: 5 lets per hour

Face Painting – I can come to an event or you can come to my shop in West Asheville. I can paint for kids, on their face and arms, or body painting sessions, of creative, detailed work.

Pricing: TBD

Mural Painting – i do all interior painting, but specialize in murals for children's rooms and infant nurseries. ***depending on how big the job is, i may prefer to accept partial payment in cash (in addition to LETS).

Pricing: 12 lets per hour

Mural painting – I'll cater to your vision, but I'm mostly inclined to improvise abstract designs playing with space and color. Classy or funky, I'll follow either whim.

Pricing: TBD

Education

Jewelry making instruction/assistance – I would love to help you make your own jewelry. Beadwork, trinkets (painted bottle-caps, shells, tiny peace cranes) etc. I am a patient, experimental, and delightful instructor! (materials TBD)

Pricing: 5 lets per hour

Fiber Arts

Felters & Spinners: Drum carder for loan – Have lots of wool to card or blend? Borrow drum carder for a week or so.

Pricing: 8 total lets

Learn to knit or crochet – I can teach you to knit or crochet. I have lots of yarn you can learn with, or provide your own. 3 Lets/hr, negotiable

Pricing: 3 lets per hour

Learn to spin cotton like Gandhi – --or better than Gandhi! I provide the cotton & the charkha. 15 LETS \$5 per person; bring a friend. Besides producing cotton yarn, this is a great way to practice your daily meditation.

Pricing: 15 total lets

Recirculation: Raw wool for spin/felt/crafts – The wool is from backyard flocks and has been triple washed with non-toxic soap. Several breeds and colors available. 7 LETS/pound

Pricing: 7 total lets

Recirculation: Yarn/fiber art materials – I am a weaver with

Painted Wood Furniture – you supply the furniture, and i will paint it. step stools, rocking chairs, shelves, and so on. they make great gifts for kids. ***depending on how big the job is, i may prefer to accept partial payment in cash (in addition to LETS).

Pricing: 12 lets per hour

Portraits – Charcoal (black & white) possibly oil (color) on canvas.

Pricing: TBD

Rainbow Mandalas – I draw and paint colorful mandalas! A beautiful piece of art to give or to enjoy in your own meditation. I would love to do custom creations based on your own personal needs, be it healing or simply visual stimulation! Check out my page at [Facebook.com/saritatheseahorse](https://www.facebook.com/saritatheseahorse) for some examples.

Pricing: 4 lets per hour

Photography tutoring – Tutoring on use of camera and basic imaging techniques.

Pricing: TBD

Recirculation: learn to knit, crochet, spin, sew, weave – Come hang out and learn almost anything about fibers. Your supplies or mine-we can use recycled fibers

Pricing: 5 lets per hour

See My First LETS Quilt! – Quilts made to order. I will work with you to design just what you want. 5 LETS an hour plus dollars for materials. Portfolio available.

Pricing: 5 lets per hour

Spinning lessons / borrow spinning wheel – Learn to card and spin yarn (2 lessons), borrow wheel and equipment for a week or two, includes fiber/wool

Pricing: 20 total lets

a huge stash of cotton yarns. Some in natural off-white and some hand-dyed. Some smooth, some textured. These could be used in knitting, crocheting or weaving for socks, baby blankets, throws, linens....See photo below!!

Pricing: TBD

Metal Work

Jewelry – Sterling silver / gemstones. Jewellery can be viewed at the Artist Co-op at the Farmers Market on Brevard Rd or Pura Vida Gallery

Pricing: TBD

Miscellaneous

100% Handmade Vegan Soap (Palm Oil Free) – We have many colors and scents. Contact me (Jon) for more information. Thanks! 2 LETS + 1 dollar (for materials used).

Pricing: 2 total lets

Artist digital portfolio creation – Artist portfolio and submission images on disk or slides.

Pricing: TBD

Bamboo cups – I carve sweet bamboo cups of different sizes and styles from bamboo that I harvest locally, cure myself, roast, and oil with organically grown vegetable oils. They're very satisfying in the hand and great travel mugs since they're durable and just insulating enough to keep yer hand comfy.

Pricing: 3 total lets

Handcrafted Soap for Sensitive Skin – Handcrafted VEGAN soap made from glycerin, vegetable oils and vit E. You choose from 50 flavors plus unscented soaps available.

Pricing: 4 lets per hour

Henna Tattoos – i have studied traditional indian henna tattooing and specialize in hands, feet and pregnant bellies. i love doing henna for showers, blessingways, and other women's gatherings. ***depending on the job, i may prefer to accept partial payment in cash (as well as LETS).

Pricing: 15 lets per hour

I'll turn your junk into art – I loathe seeing things go to waste. If you feel the same way and don't know what to do with your old trinkets, toys, spare parts, pieces-missing, and dusty memories, perhaps I can make salvaged sculptures or junk-drawer jewelry for you? Or perhaps just take it off of your hands?

Pricing: TBD

Mixed Media

Hand-made jewelry – I love making jewelry, and am happy to customize or incorporate your beads/trinkets. Shells, peace cranes, dream catchers... My style ranges from funky to elegant.

Pricing: 5 lets per hour

Recirculation: learn paper making and book arts – come hang out and learn almost anything about paper and book making. We can use recycled materials

Pricing: 5 lets per hour

Photography

Photographer – Available for weddings, special events, pet photography, family portraits.

Personalized jewelry, alter boxes and collages – Tell me what you like and I will create a specialized piece just for you :) I make beaded jewelry (mostly wood, glass, and stone pieces) Also alter boxes, gift collages and vision boards specific to your set intentions (excellent motivation art!)

Pricing: TBD

Recirculation: 100 (or more!) buttons – 100 plus Buttons. These are metal, metalized, wooden, ceramic, glass and shell Buttons. Choose your own or let me sort out a bag of buttons for you. Good for clothing, decorations on craft items, etc. Many of these are expensive in stores....but yours for LETS!

Pricing: 5 total lets

Recirculation: Elvis plates – Various plates some with papers, great for an Elvis lover/ collector. LETS vary 2-5 per plate.

Pricing: TBD

Sewing/ Quilting – Make memory quilts from fav. T shirts, baby clothes, etc. Mending as well. Hand work as well as machine

Pricing: TBD

Whimsical 3-D art – Handmade mobiles, dream catchers, hanging shrines. Re-decorated clocks, lamps, whatever begs spice! Also available to instruct/assist.

Pricing: 5 lets per hour

Your product photos for your webstore, or... – I can make your pictures for your online store. i'm photographing since years my

products. jewelry, body care and everything what is not toooooo big to go in my light box (its about 1 meter x 50 centimeters) can have the pic as RAW or JPG [view] [edit]
Pricing: 4 lets per hour

Pottery & Glass

Handmade Pottery – I sell pottery out of my studio in the Phil Mechanic Building, and will sell pots on my seconds shelf for LETS.
Pricing: TBD

Sculpture

Sculpture! Animal, mythical, and equine themes – I make sculptures in both Hydrostone(a stone-like art casting medium)and soy wax. Some are purely sculptures, some are designed to hold tea-light candles, votives, or small plants. I sculpt the original, then make a mold. Each one is hand poured and finished. Here is a link to more photos:

<http://picasaweb.google.com/lanthesculpture>

Pricing: 0 total lets

Food

Baked Goods

Homemade muffins – local fresh ingredients, whole grain. traded by the dozen.
Pricing: 4 total lets

Sourdough Baking – Various wonderful naturally leavened breads, flat breads, crackers, not-so-sweet desserts. We fresh grind organic grains and often use local (non-grain) ingredients. Contact by phone is best. 4LETS and \$.50 for a basic loaf. 3LETS when pre ground flour is used. \$.75-\$1 for fancy loaves with special ingredients
Pricing: TBD

Vegan baking – Vegan Baking!!! Willing to try anything. Beginner.
Pricing: 5 lets per hour

Will bake pies – Bake any type of pie. Your provide ingredients
Pricing: 7 lets per hour

Yummy waffles and crepes – I will come to your non-profit event and cook yummy waffles or crepes. I'm Belgian - we are genetically pre-dispositioned to making great waffles. So you can advertise "Belgian waffles made by a REAL Belgian." I even have an old-timey waffle iron!
Pricing: 10 lets per hour

Beverages

Learn to brew beer – You tell me what you want to brew. I'll help.
Pricing: 6 lets per hour

Catering & Prep

Cooking – Cooking
Pricing: 5 lets per hour

Dairy

Fresh Eggs – Fresh eggs.

Pricing: TBD

Dry Goods

Raw Dulse seaweed – fresh, soft dulse from the San Juan Islands of Cascadia. Sun-dried in a greenhouse. High mineral and protein content.

Pricing: 24 total lets

Equipment

To Lend Homebrewing Supplies – I am not a master brewer by any means, but have been brewing for about a year with awesome ales! I have all the supplies for basic brewing. You can use it and I can give you tips if needed, 1 month lend.

Pricing: 8 total lets

Miscellaneous

Black Walnuts – Plastic grocery bag full of hulled, dried black walnut, ready for cracking and eating.

Pricing: 5 total lets

Cooking & Meal Prep. – I love to cook; I'm good at it; I love to eat. I have cooked regular meals for families on the go, special needs folks, elders. It happens in your home, up from scratch, whole foods, meats, special diets. What do you need?

Pricing: 5 lets per hour

Fresh, Free-Range Duck Eggs – Delicious fresh eggs from free- ranging ducks. Taste just like chicken eggs. Large orange yolk, lots of nutrients! Pick up in west asheville. 3 lets per dozen

Pricing: 4 total lets

Homemade salad dressing – local herbs and fresh raw ingredients. lots of flavors.

Pricing: 1 total lets

Vegan Meatloaf – A delicious vegan meatloaf that even carnivores will get excited about.

Pricing: 5 total lets

Vegetarian cooking – I am a pretty good vegetarian cook - I will cook for you and some friends or whatever you need. My specialty is a scratch-made seitan stir-fry, but I can do whatever. Just pay for the ingredients and I'll do the rest.

Pricing: 0 lets per hour

Will cook or bake for you – I have a wide range of cooking and baking experience and can prepare meals or baked goods for you.

10 lets/hr plus cost of ingredients

Pricing: 10 lets per hour

Yummy Locally-crafted Organic Tempeh – Asheville-crafted organic Tempeh. Solar oven used for cooking rice and beans. A new batch just completed with soybeans and brown basmati rice. \$1 covers expenses, plus 4 LETS for 8 oz.

Pricing: 4 total lets

Produce

Veggies – Extra veggies in season.

Pricing: TBD

Garden & Yard

Construction

Flat Stone & Brick Work – Walk ways, steps, flat stone work... etc.

Pricing: TBD

Houseplants – Various houseplants, kolanchula, swedish ivy, wandering jew, cactus, 1 to 5 lets each.

Pricing: 1 lets per hour

Trees, oak and tulip poplar, Lilac – Trees are seedlings to 4-5' tall, you dig from my yard W. Asheville. 1 to 5 LETS per tree, depends on size.

Pricing: 1 total lets

Education

Gardening design and labor – I can help you design a garden to meet your needs and fit your site. I will also work with you in this garden

Pricing: TBD

Landscaping

Eco Landscape Design – Horticulture consultation & environmental pond & landscape design. Botanical ID - permaculture design.

Pricing: TBD

Pruning of shrubs and small trees – Expert artistic pruning of shrubs and small trees by landscape designer. This is a great time of year for pruning!

Pricing: 12 lets per hour

professional gardening skills – I would like to offer my skills and expertise as a gardener, companion-gardener/assistant, laborer, landscaping artist, and experienced organic farmer.

Pricing: TBD

Lending

Have-A-Heart animal trap – This is the size for medium to fairly large animals....possums, groundhogs, rabbits....it will catch them and allow you to take them to a more appropriate environment. Deposit required.

Pricing: TBD

Miscellaneous

Horse Manure – I have several truckloads of composted horse manure and more being produced each day :) We do not use any antibiotics, vaccinations, or pesticides on our horses. You must come load yourself. 5 lets per truckload.

Pricing: 5 total lets

Wood chips – Come load a truck up. Easy access and flexible times in DT Asheville. Value based on a regular sized truckload.

Pricing: 12 total lets

Tools & Supplies

5 gallon plastic buckets with lids – I have a continuous supply of 5 gallon plastic buckets with lids. They have only had horse vitamins in them. Can be used for rainwater storage, animal water buckets or anything else you can think of. 2 LETS per bucket & lid

Pricing: 2 total lets

Weed Eater WHEELS! – Weed Wheels transfer the weight of the trimmer to the ground, where it belongs. Weed Wheels are made for a straight shaft weed eater! Awesome idea!

Pricing: 5 total lets

Health & Beauty

Body Work

Battling Cancer? – I can make the Essiac™ tea which is a known cancer preventative/cure and immunity booster/detox. Also great for colds and flus and general well health. Shrinks tumors! Heals infections. They don't want you to know this. Cancer is 2nd leading industry. Call or email for more details, ingredients, referrals.

Pricing: 10 total lets

Bowen Therapeutic Technique sessions – Out of Australia, this is a dynamic, remedial treatment that is based-on the premise that "the body is designed to heal itself." It is gentle, uses no oils, and is done thru clothing. Bowen produces an integrated body response, a sense of relaxation and heals.

Pricing: 5 lets per hour

Chakra clearing – When our chakras are clogged or receiving energy in the wrong way it can manifest as blockages in our lives. I have been taught many techniques for clearing these blockages and keeping the chakras clean, spinning correctly and healthy.

Pricing: 7 total lets

CranioSacral Therapy – I am a licensed massage therapist with special training in CranioSacral Therapy. This is a gentle modality which is very soothing to the nervous system. It can also address old injuries or pain in a non-invasive way. I am asking 15 LETS plus \$10 to cover my expenses.

Pricing: 15 lets per hour

Healing Touch – Healing Touch is done on an energetic level, with some light physical touching.

Massage – LMBT and RN practicing swedish, lomi lomi and deep tissue massage.

Pricing: 15 lets per hour

Therapeutic Massage – 10 years experience. Massage for health, wellness, and pain relief.

Pricing: 15 lets per hour

Touch for health – I am a certified Touch for health Practioner. Touch for health is a system that uses Kinesiology to balance the energy in the meridians. When you are out of balance you can be in pain, have depression, or just seem out of sorts.

Pricing: 7 total lets

massage and bodywork – Hi, I am offering bodywork sessions for improving health, comfort, or flow of energy. I am trained in a variety of therapeutic modalities including acupressure, Reiki, emotional release, and Swedish massage. I like to work deep in a comfortable way. Massage instruction is also available.

Pricing: 15 lets per hour

reflexology session – How about a reflexology treatment to bring healing to the entire body system. I am trained and certified in Integrative Reflexology and a licensed massage therapist in NC ~ #10669 60 min. session at my office, my house, maybe your house

Pricing: 13 lets per hour

Pricing: 0 lets per hour

Massage – My approach consists of a combination of Swedish massage, deep tissue, and neuromuscular therapy, depending on the needs of the individual. Very effective for injuries or chronic pain, or simply for relaxation. Can be combined with craniosacral therapy. I am asking 15 LETS plus \$10 to cover my expenses.

Pricing: 15 lets per hour

Dietary Nutrition

Dried Reishi – Cut, dried, and ready for your decoctions, tinctures, or extractions. Locally harvested in WNC. Full pint Bell Jar for 10 LETS. (enough for 20-30 cups of tea/decoction at traditionally recommended dose.)

Pricing: 10 total lets

Nutrition, Speak to Groups – Eat to cut risk of cancer, heart disease, diabetes, etc.; dangers of animal products and junk food. 23 years' experience. MS, Ed M, RD

Pricing: 10 lets per hour

Education

YOGA classes or sessions - 1 on 1 – As a Certified Laban Movement Analyst, I have been leading yoga & other movement classes 27yr. Currently, I lead weekly adaptive yoga class for elders or physically limited folks in Waynesville. I work with all ages. I provide information about the efficient use of body in class.

Pricing: 5 lets per hour

Hair Care

Professional Hairstylist – Professionally trained by Toni & Guy's methodology. Offering those classic looks, or the most alternative styles. Over nine years experience. Excited to share my talent! Call or email me for an appointment :)

Pricing: 10 lets per hour

Health Care

Acupuncture – Acupuncture treatments by licensed acupuncturist. Nat'l. board certified. 12 lets for first treatment, 10 for follow up treatments @ the clinic. www.livingpoints.net

Pricing: 10 lets per hour

Addiction Counseling – High percentage cure rate for any addiction. World class published expert. Treatment by telephone and book.

Pricing: TBD

Birth Doula Care – I am a trained doula. Please contact me for more information and references. Also, check out my other listing for postpartum doula care. Check out <http://en.wikipedia.org/wiki/Doula> for information about doulas.

Pricing: TBD

Birth. Breastfeeding. Termination. Loss. Beyond – The Pregnant Point: Sacred Arts for Whole Families Offering Reverent, Sacred Consulting and Care. Co-creating relationships with families. Evolving in Community. <http://www.pregnantpoint.blogspot.com>

Pricing: 0 lets per hour

Clinical Aromatherapy – I am a clinical aromatherapist and

Nutritional Counseling – Vegetarian eating, eating right for your blood type, losing weight

Pricing: 5 lets per hour

Nutritional counseling – Nutritional counseling.

Pricing: TBD

Reishi Tincture – Enjoy the benefits of locally wildcrafted reishi (*Ganoderma tsugae*) tincture. 1:4 w/v 46% alcohol 2 oz in amber dropper bottle for 8 LETS plus \$3 for expenses 8 oz amber bottle for 32 LETS plus \$5 covers expenses (alcohol, bottle).

Pricing: 8 total lets

Hair Cutting – Trims, cuts and layered styles. Please contact me by phone.

Pricing: 5 lets per hour

Revolutionize Your Style... – From trims to transformations..let's cut that hair!!!! Professionally trained

Pricing: 6 lets per hour

Health/wellness consult from RN – 33 yr RN, Buteyko breathing educator, nutritionist and herbalist will teach you how to stay away from the doctor! Asthma, allergies, flu, blood pressure & cardiac irregularities chronic or acute condition? Begin your return to Wellness with pragmatic solutions that work..

Pricing: 20 total lets

Holistic preparation for surgery – 2-hour session

Pricing: 6 lets per hour

Integrative HealthCare – Integrative consultations with a healthcare professional with 11 years experience in alternative family practice. Specializing in blending prescriptives with supplements for a variety of chronic and acute conditions.

Pricing: TBD

Ionic foot baths – Detoxifying foot baths.

Pricing: TBD

Postpartum doula care – Postpartum doula services including: help with newborn care, cloth diapering and EC (? , ask me!), breastfeeding support, babywearing, light house-cleaning, laundry, food preparation, childcare, etc. Contact me for more info.

Pricing: 5 lets per hour

Therapeutic Buteyko breathwork with RN – Regenerate, repair, renew, using Buteyko Breathing techniques. Easy to learn. 33+ yr RN offers respiratory, nutrition and natural therapeutics for optimal health and wellness.

Pricing: 20 total lets

Miscellaneous

Birth Doula Services – Includes at least two prenatal & one postpartum visit, as well as the duration of the birth. Price negotiable.

Pricing: TBD

Counseling – Experienced licensed counselor offering high quality psychotherapy. All questions welcome; confidentiality assured.

Pricing: 10 lets per hour

Healing prayer – Prayer by phone or email.

Pricing: TBD

Intuitive Life Coach – I have been an intuitive life coach for 2 years. If you need someone to talk to or have an issue that you can't resolve please come and see me. I am here to help!

Pricing: 5 lets per hour

Modern Day Muse – Combining my Life Coach Training with my playful/light energy to help uncover any blocks that keep you from living optimally. www.EnlighteningLives.com

Pricing: 50 lets per hour

Natural Lip Balm with SPF 15 – I have a line of beeswax based natural lip balm with vitamin E. I have 4 Flavors with sunscreen: Pedaling Peppermint, Victorious Vanilla, Coasting Coconut and Climbing Kiwi . 3 LETS each.

Pricing: 3 lets per hour

Past Life Hypnosis – Trained in Delores Cannons'"Quantum Healing Hypnosis Technique". Session includes an interview, hypnotic induction, regression to past lives, and contact with subconscious (higher self/oversoul). Session last around 3 hours.

Pricing: 20 total lets

Natural Therapies

Chinese Herbal Medicine – Individualized chinese herbal formulas (powders, tablets or raw herbs for tea) based on your constitution. NC License 271. Nationally Board Certified. 15 Lets for consult plus wholesale cost of herbs. Follow up consults vary. www.livingpoints.net

Pricing: 0 total lets

Dream Work – Learn to make friends with / make sense of your dreams

Reiki – Energy healing treatment for body, mind, emotions, and spirit.

Pricing: 15 total lets

Spiritual teacher Eckhart Tolle media files!! – I have a huge assortment of Eckhart Tolle videos, and recorded talks. He is the Author of "The Power of Now" and "A New Earth" It is really amazing stuff :)

Pricing: TBD

Tarot Readings – I simply LOVE to read the tarot for people. The tarot has been in my life since I was 10-years-old and I have a very deep relationship with it. I have several decks to choose from and am open to 15min-1hr readings over the phone or in person. Namaste.

Pricing: 15 lets per hour

Tattoo Art – Tattoo artist w 20 years experience. Licensed, professional, custom, currently practicing at Liquid Dragon on Lexington. The Studio will require some payment.

Pricing: 20 lets per hour

Well-Woman care – Well-Woman care

Pricing: TBD

Jin Shin Jyutsu and/or Reiki for Harmonizing – Overcome chronic stress, pain & health concerns w/gentle, effective Jin Shin Jyutsu/Reiki. Experience deep relaxation. Harmonize body, mind and spirit. Stress, injuries and fatigue create imbalances that can lead to discomfort, pain and disease. It is time to get back on the path to relaxation and wellness.

Pricing: 18 lets per hour

Jin Shin Jyutsu/Reiki Energy Healing – Deep Relaxation, Stress

Reduction, Health, Wellness & Balance thru Gentle Touch. Jin Shin Jyutsu boosts our own profound healing capacities & thus promotes optimal health, well-being & vitality. JSJ is a valuable complement to conventional healing methods, inducing relaxation & reducing the effects of stress. <http://www.spiralwayjsj.com>

Pricing: 18 lets per hour

REIKI – Reiki is a Japanese word that means "Universal Life Force/ Energy". It is an every treatment that is/ can be healing, supportive of other modalities, and very calming.

Pricing: 5 lets per hour

Skin Care

Handcrafted Soap by the Slice – Handcrafted soap made from glycerin, vegetable oils and vit E. You choose from 50 flavors plus unscented soaps available.

Pricing: 4 total lets

Healing Salve – This is made from olive oil, beeswax, calendula, comfrey, plantain and sometimes chickweed. Good for all cuts, scrapes, itchy spots, dry skin....2oz containers

Pricing: 6 total lets

Pack with Soaps bars – Some end pieces, some underweight pieces, some left overs, some... great mix of all natural soaps with essential oils and natural colors (herbs, plants, clays...) made from scratch and food grade oils and butters. great selection

Pricing: 10 total lets

Household

Appliances

16 Qt Pressure Canner – You can borrow by the day for LETS

Pricing: TBD

Help Around The House – I can lift over 50 lbs. no problem. Actually quite a bit more. If you have any issues doing heavy lifting I'm your guy. I'm creative, fun-loving, and would love to be of assistance. Give me a shout.

Pricing: 15 lets per hour

Housesit – I can watch over your home/animals/etc. in zipcode 28806, my 'neighborhood', while you are gone on a weekend or vacation (Thanksgiving, Christmas, etc).

Pricing: TBD

Recirculation: Pampered Chef Food Chopper – * Sharp blades yet safe design * Rubber Base prevents slipping * Easy enough for kids to use * Easy to take apart and clean without leaving food residue behind

Pricing: 5 total lets

electronic repair – I am good with electronic hardware, household appliances are no problem and I can also repair moor complicated devices like cell phones and laptops. A broken Iphone screen will cost you 100-200 at the repair shop. You just ebay the part for cheap and I swat it.

Pricing: 10 lets per hour

Cleaning

Cleaning queen – Will clean your house pet dander sweeping, vacuuming, washing your sink filled with dishes, bathrooms etc.

Pricing: TBD

Experienced housekeeper – Experience as a personal housekeeper and also bed & breakfast detailed cleaner. Excellent references.

Pricing: 15 lets per hour

Education

Real estate consultation – non-brokerage real estate consultation

Pricing: 5 lets per hour

Furniture

Recirculation: Metal Adjustable Bed Frame – 1 Twin/Full Size that adjust to Queen Excellent condition 10 LETS each

Pricing: 5 lets per hour

Lending

Potluck dishes - avoid disposables – Having a party, BBQ, group potluck, etc? Don't use disposable dishes. I have a set of 35 plates, bowls, cups, and silverware to loan. All dishwasher safe (residential, not commercial). \$100 cash deposit required -- returned when items are returned. Must return clean.

Pricing: 8 total lets

Maintenance

Carpentry and more – I have 18 years experience. I am offering remodeling, deck work, and small projects. You supply material & Gas money and I supply the know how.

Pricing: TBD

Construction / carpentry – Construction, light carpentry.

Pricing: TBD

Painting, Interior Houses – Will paint and do a fantastic job for you! Straight edges, no drips, very professional. Partial LETS/cash payments may be necessary. Interiors and detail work.

Pricing: 10 lets per hour

Miscellaneous

Housesitter – will watch your house while you are out of town
4 lets/night

Pricing: 4 total lets

Loft – 4' by 7' loft 5'6" high stable . god for storage . Can trim legs to be work table. rough wood can be sanded and finished

Pricing: 30 total lets

Organizing – Are you wanting help with getting organized, and need some extra energy to plow through all the stuff.....

Simplify and Clear out

Pricing: 30 lets per hour

Recirculation: "Sofa Saver" ends the sag! &# – "Sofa Saver" rigid sofa pad for your sagging sofa. These are hard to find! Measures 19W"x66L", sectioned so you can cut it to fit your specific size. Never used, originally bought for \$20.00 from The Vermont Country Store catalog only one year ago.

Pricing: 10 total lets

Recirculation: Beautiful Mobile Walls/Screens – Handmade Rolling Walls/Screens on copper bases on casters. Used as room divider in my spa. Will need fabric laced with leather and you are ready to roll. Great for loft spaces!

Pricing: 15 lets per hour

Pets

Cat Sitting – I'm willing to go to your home and feed, water, cuddle with your cat(s) and scoop / change litter box if you're absent or recovering. 5 LETS per day. If outside Barnardsville, I'll need gas \$. I can come once/day in the EVENING.

Pricing: 5 total lets

Dog sitting – Dog sitting

Pricing: 5 lets per hour

Dog walking – Dog walking

Pricing: 5 lets per hour

Dog walking or pet sitting – will walk your dog or pet sit

Pricing: 5 lets per hour

Pet sitting – Your house or mine. 3 LETS per day. Possibly more depending on distance.

Pricing: 3 total lets

Sustainability

Greening your home – By phone, email and in person suggestions for your health and the planet's health.

Pricing: 5 lets per hour

Professional organizer here to help w/your clutter – Clutter driving you crazy? I can help! Experienced in organizing- everything from kid's playrooms to kitchens to overloaded basements. 15-20 lets per hour depending on intensity ;) + money for any needed supplies

Wind Power Consultations – Interested in powering your home off wind power? I can help you through the process, from determining weather wind power is right for you to installing your turbine.

Pricing: 5 lets per hour

Miscellaneous

Education

Any info about Egypt, ancient or modern – Have been going to and studying Egypt for 30 years, lived there 6 years, speak Arabic, have lead spiritual tours there for 20 years. Wrote the best selling Arabic phrase book in Luxor.

Pricing: 5 lets per hour

Arabic Phrase Book – "Talk Like An Egyptian: a Phrase Book for the Conscious Traveller in Egypt." Easy to use, no study needed. Best selling Arabic phrase book in Luxor.

Pricing: 3 total lets

Coaching to Have You Own Radio Talk Show – In less than 30 days you can have your own radio/internet talk show and be sending your message to the world.

Pricing: TBD

Coaching to Publish Your Next Book – I can show you how to become a published author for less than \$100. The initial consultation is free.

Pricing: Free

Creative Coaching for Writers – Creative Coaching for Writers Support, inspiration, instantly effective whole brain techniques, editing & self-publishing help for fiction, autobiography, poetry, songwriting, fantasy writers. Creativity Consultant and college teacher with 26 years of experience. Free consultation.

Pricing: 0 lets per hour

Dream Interpretation – I help you in interpreting your own personal symbols & their significance to daily life. I am an Intuitive & prophetic Dreamer versed in Jungian, totemic and general symbolism. Also offering ideas for improved dream recall. 4 LETS per dream/7 per recurring dream.

Pricing: 4 total lets

Editing skills – I have years of experience in editing written material- online and in paper form.

Pricing: 4 lets per hour

Guided plant walks – Leading plant walks in exchange for 5 LETS per hour. We'll be discussing traditional purposes of local edible and medicinal plants, wild plant/tree identification, ecology, and important roles that plants and animals play on our planet. Text/call/email.

Pricing: 5 lets per hour

Introduction to Mayan Calendar – Want to learn about the Mayan Calendar and incorporate its wisdom into your life? I can introduce you to the Galactic or spiritual calendar, and show you how to make your own wavespell and Tzolkin calendars to follow. 1 1/2 to 2 hour session suggested.

Pricing: 5 lets per hour

Know Your Rights workshops – 1-2 hour group or individual workshops in regards to various legal support.

Pricing: 6 lets per hour

Life On Purpose Coaching – Wondering if you're really fulfilling your potential and purpose? Our proven, spiritually based process will help you bring clarity of purpose to your life with more fun, fulfillment, focus & flow. More info at:

Marketing Advise – Want to make more money? Advice to small (Mom-Pop) businesses from my book "101 Ways to Increase Your bottom Line."

Pricing: Free

Personal Yearly Readings – Ancient science of the cards. Combines astrology, numerology, and the 4 suits. An aid to conscious decision making. Full written report, consultation and questions by phone all year. 5 Lets +\$2 materials

Pricing: 5 total lets

Recirculation: Spanish interpreter – I'm a Spanish teacher and interpreter. I can do interpreting/translation work/teach spanish for 15 lets an hour.

Pricing: 15 lets per hour

Sign Language Instruction – I'll teach you beginner/intermediate Sign Language.

Pricing: 5 lets per hour

Sound advice/mediation from Wise Woman – Good listener, much life experience, certified Mediator. Relationships, career, major changes, feeling stuck, etc.

Pricing: 5 lets per hour

Spanish Tutor – I am not a native speaker, but I have studied Spanish for four years in high school, one semester in college and two semesters at Universidad Nacional Autónoma de México in San Antonio, Texas. I work well with kids through adult!

Pricing: 5 lets per hour

Study Skills and Whole Brain Learning – College teacher with 26 years of teaching experience offers whole-brain writing, concentration, memory, problem solving, listening, organizational, and creative thinking techniques that are effective for children and adults, especially those with ADD and learning challenges. You will be amazed at how much you can accomplish in 5 minutes!

Pricing: 15 lets per hour

Swimming Lessons – Infant-adult swim lessons offered. Prefer your pool or gym, or you can come to YWCA and pay the membership fee as my guest. Learn to be a better swimmer, get your child personal swim lessons or become comfortable in the water w/your infant.

Pricing: 5 lets per hour

TUTOR -- Spanish, Reading, Math,..... – I really enjoy watching folks/ youth/ kids "get it"--whatever it is they are working to achieve. It's important to me to try to make the learning process feel good. My experience has been in Language Arts--Grammar, Literature, Vocabulary, Reading, Writing+; I'm good with Math, Algebra, Languages--especially Spanish & ESL.

Pricing: 5 lets per hour

Teaching primitive skills – Braintanning, buckskin sewing, firemaking, bark shelter making, basket making and more! 5 lets/hr plus materials, gas and travel time

Pricing: 5 lets per hour

Tutoring – Tutoring in math and science, up to a college level.

Pricing: TBD

<http://www.lifeonpurpose.com/lets> Special coaching package for LETS members.

Pricing: 100 total lets

Mais oui, you can learn French! – Feed your brain learning French while having fun! Surprise yourself with how much you are able to learn in just a few hours, painlessly! Refresh your French, start anew or practice and expand what you know. MayaJoelle is a native experienced teacher.(24+years) Several levels available

Pricing: 5 lets per hour

Lending

Cell Phone to loan – Cell phone (activated for the whole US). talktime 20min per day, weekends + to verizon FREE. 5 Lets day. Good to have while traveling out of town.

Pricing: 5 total lets

Other

Activist Organizing and Planning – Naomi is offering consulting and planning advice for activists and cause oriented people engaged in struggles for peace and justice. She has 13 years of experience working and organizing for social change and has provided consulting to organizations in the past.

Please contact Naomi at 828-230-1404 or tzorihou[at]gmail.com

Pricing: 5 lets per hour

Astrology Consultation – Variety of individual services offered... natal readings, transits and progressions, solar return, etc. See descriptions at itsallgoodastrology.com. (Can choose 10 LETS and \$30.00 per hour)

Pricing: 20 lets per hour

Available for Art Modeling – I am a young female available for art modeling in whatever medium, clothed or unclothed. I am professional and have a year and a half experience posing for a figure drawing class at Auburn University.

Pricing: TBD

Call Long distance to Europe for lets – Can connect you to any number in US or Europe for 1 let per 15 minutes

Minimum:2 lets.

Pricing: 4 lets per hour

Classical Feng Shui Consultation – Trained by Master Joseph Yu, one of five internationally recognized feng shui masters, I offer classical feng shui consultations. The spaces you live and work in DO influence your life. Find balance, harmony, comfort and prosperity in your home or work space.

Pricing: 30 total lets

Dog/Owner Training, Problem Assessment/Solutions – Hello. I'm very attuned to dogs, good at assessing problems in the dog-person relationship/home environment and finding solutions to make life better for all. 20+ years dog experience, possibly a dog in a previous life. :O) 828 333 2312

Pricing: 5 lets per hour

Four Pillars Chinese Astrology – The qi you inhaled with your first breath strongly influenced the rest of your life. Learn your Chinese astrological chart. Where should you live, how will you gain prosperity, how can the five elements help you

Recirculation: – Hello I salvage various New/Used items (store closeouts, overstock, recently expired, etc) and recirculate them back to public use. Items vary, but currently include personal care items, greeting cards, tools, LOTS of snack foods (cookies, crackers, etc), lots more. Earth's resources conserved/reused=landfill volume reduced=fewer toxic byproducts from manufacturing.

Pricing: TBD

Recirculation: – 100s of misc items, many new in packages, to trade for an agreed upon # of LETS. Snacks too. Normally sell at flea mkt, downsizing due to leaky heart valve. 828-333-2312 No item info over phone, 10c/min!! Come to my storage unit (Leicester Hwy), and take what you want!!

Pricing: TBD

Recirculation: 300-500 Brand New Greeting Cards, Hu – Hello-haven't counted but estimate 300-500 cards. Envelopes NOT included, but must be \$1000 worth of cards. Most same size, so you can prob get a good deal buying bulk envelopes on eBay. Or just buy small boxes of envelopes as needed, and save a fortune on cards. Good variety, many

Pricing: 20 total lets

Tarot & Rune Readings – Experienced readings available. Typically 60 min. Flexible LETS rates available. Years of knowledge and experience. Flexible times and locations.

Pricing: 20 total lets

Tarot Card Readings – Do you have questions that you would like answers to?

Pricing: 5 lets per hour

Tarot Readings – Confused? Got a question? Getting your tarot cards read can help you to access your intuition and get in touch with the root causes of all sorts of problems, whether they be financial, or more personal.

Pricing: 5 lets per hour

Variety of healing services – Spiritual counseling, guided imagery, Angel Touch energy healing, aroma therapy, astrological counseling. See spiritsongoasis.com for details

Pricing: 15 lets per hour

Writing Assistance – I can help you write an important business or personal letter, prayer, chant, blessing or possibly something

else you can think of. Let me know the project and what you are willing to pay in LETS.

Pricing: TBD

Yijing, or I Ching – Who can't sometimes use a wise, new perspective along a life's journey? When you're at a crossroads of Change, ask a question of the Yijing to gain insight into your best path forward. Your answer may change your life.

Pricing: 15 total lets

manual labor – moving, house cleaning, etc

Pricing: 10 lets per hour

sewing and mending – I can do basis clothing repairs, hemming, zippers, etc and also make items from patterns.

Pricing: 10 lets per hour

zazen meditation training – zazen meditation training

Pricing: 10 lets per hour

Musician

Basic Drum Lessons – Basic drum lessons on a kit, not hand drums.

Pricing: TBD

Cultural Anthropology/Transformative Studies – I am a diversity coach offering workshops/community conferencing for assistance with stability while working to relocate to the Asheville area. (i.e. wash clothes, rental listings, income)

Pricing: 5 lets per hour

Didgeridoo lessons – Learn the way of the didgeridoo, from basic tone to circular breathing. I've been teaching for many years.

Pricing: 4 lets per hour

Guitar & Rhythm Lessons for Kids! – Patient, Fun, Engaging guitar lessons for your child. I work in twenty-minute sessions. I'll come to you. I've been playing guitar for 15 years. My approach works to improve rhythm, listening skills, & life long fun playing guitar.

Pricing: 10 total lets

Lessons: Guitar and Music Theory – I'm a very patient and experienced music teacher offering lessons to both beginners and seasoned musicians. Lessons are taylor-made to boost your personal musical growth complete with my own hand-made handouts and diagrams.

Pricing: 11 lets per hour

Let your voice sing freely! – One of the most precious tools for well being is absolutely free and accessible: your own voice. Unleash your creative energy, develop trust and intuition. Explore your voice through improvising, toning, chanting. Expand your vocal awareness. Enjoy a beautiful loving community sharing their sounds.

Mountain (lap) dulcimer lessons – Want help learning to play the mountain dulcimer? Fun and easy to play.

Pricing: 6 lets per hour

Music Theory/Saxophone Lessons – Studied at UNCA and self trained in music theory and saxophone performance. I would like to teach theory on your instrument of choice with the understanding that we all have different learning styles and that music should always be fun.

Pricing: 5 total lets

Music lessons – Private or small groups, in your home (Asheville & Buncombe County) voice and all instruments, all ages and styles, 20+ years Prof. teaching exp., Fun and Rewarding! (Referrals available.)

Pricing: TBD

Music lessons – Lessons in piano, flute or guitar by long time professionals

Pricing: 5 lets per hour

Piano Lessons, beginners, children and adults – I took lessons for 8 years and would love to brush up on my skills through teaching. I am lucky enough to have a piano in my home, so lessons can happen at my house downtown, or if you have a piano I would be happy to come to you.

Pricing: 4 lets per hour

Tuvan throat singing lessons – I can teach you technique for Tuvan kargyraa, and sygyt and chylandyk style throat singing

Pricing: 5 lets per hour

basic guitar lessons – basic guitar lessons

Pricing: 10 lets per hour

basic hand drum lessons – basic hand drum lessons

Performance

Music performance – Singing for weddings or special occasions.

Pricing: 10 lets per hour

Recordings

Album Quality 2 Track Digital Audio Recording – Get those ideas out of your head and onto a CD or the web. I have an iMac Based recording studio with an Apogee Duet interface and Shure KSM 32 mic. I can help with songwriting and arranging too. Lets record!

Pricing: 5 lets per hour

Recreation

Books & Media

Recirculation: Book - The Circle of Healing – New condition

Pricing: 2 total lets

Recirculation: Books – a collection of books on varying topics including literature, feminism, and others. Loans available and encouraged.

Pricing: TBD

Education

2-hour Natural Building Tour – This 2-hour Natural Building tour is of beautiful earthen buildings and clay-based finishes around downtown Asheville. Led by international natural builder. Times/dates are flexible. 5 LETS more per additional person.

Pricing: 25 total lets

Miscellaneous

Ageless Grace classes (fun chair exercises!) – Ageless Grace is a fun, stimulating, anti aging program done barefoot in a chair. Improves cognitive function, memory, balance, etc. Done to music at my home studio.

Pricing: 10 lets per hour

Outdoors

Appalachian Plants, Ecology/ Ethnobotany Walks – I offer one on one or group plant, tree/ecology walks, property surveys or mentoring, in the greater Asheville area. I can come to your land or we can walk in park or national forest. I also teach: Birds, lichens, fungus, tracking, and Nature Observation.

Pricing: TBD

Recirculation: 10-30x50 Gladiator Zoom Binoculars – Very good condition. Made by Barska. Here's a link to description: http://www.barska.com/Gladiator_Binoculars-BARSKA_10-30x50_ZOOM_GLADIATOR_BINOCULARS.html

Pricing: 10 total lets

Pricing: 10 lets per hour

electric bass lessons – beginning, intermediate, advanced, music theory, ear training, improvisation, technique. I have a performance background, a professional downtown studio, and +/-10 years teaching experience. Half hour session one on one for 10 let's.

Pricing: 10 total lets

Native American flute playing – Flute playing to relieve stress, **reggae bass lessons** – reggae bass lessons

common the m, or to bring peace and happiness
Pricing: 5 total lets

reggae drum set/trap set lessons – reggae drum set/trap set lessons

original music CDs – original music CDs

Pricing: 10 lets per hour

Pricing: 5 total lets

song writing lessons – song writing lessons

Pricing: 10 lets per hour

contact improv instruction/facilitation – i've been doing contact for about a decade, as well as teach and facilitate. i can work one on one or with large or small groups, teaching intro level or working with more advanced dancers.

Pricing: 5 lets per hour

Learn to salsa dance! – I can teach all levels, no partner necessary. 10 yrs Dance Education experience. Professional.

Pricing: 5 lets per hour

Learn to swing dance! – I can teach all levels, no partner necessary. 10 yrs Dance Education experience. Professional.

Pricing: 5 lets per hour

Tour of Asheville – 1.5 hour tour of Asheville

Pricing: TBD

Guest rooms at Eco-Sweet Retreat – Beautiful guest rooms available at our downtown Eco-Sweet Retreat -- check out our FB page to see pics. Great for when family and friends are visiting. Normal value is \$65-\$80/night. We're full til November. Value based on 1 person per night. 8 more LETS for double occupancy.

Pricing: 52 total lets

Recirculation: Snow Skiis – I have 3 pair of snow skiis. Good used condition. Priced per pair.

Pricing: 12 total lets

Recirculation: kayak instructor – I can give kayaking lessons or rent out my kayak. Kayak rental \$10.00/hour. One hour lesson 20 lets/hour

Pricing: 20 lets per hour

Rock Climbing Lessons – Available to take 1-2 people rock climbing. Great if you're interested in trying it out or learning more. I have all of the gear-all you need are shoes and harness, which can be rented. All skill levels welcome. Call for more info.

Pricing: 5 lets per hour

Social

Education

"Kind communication" coaching – Professional.

Pricing: 5 lets per hour

Rollerblading session – I'll teach you how to roller-blade.

You'll have to provide your own skates, but I promise not to snicker when if/when you fall.

Pricing: 10 total lets

Social dancing/ballroom dancing – Private lessons available for those who want to learn the cha cha, rumba, waltz, tango, swing, etc. 6 LETS for a couple too.

Pricing: 6 lets per hour

Events

Bartender/server – bartending & service for private parties, circus style

Pricing: 5 lets per hour

Funerals, memorials, celebrations of life! – Uplift your spirits and celebrate the life of a loved one with a white dove release (4-8 dove) presentation. Professional, healing, and helpful for those who wish to commemorate a loved one.

Pricing: 10 lets per hour

Help with Event Planning – I do a lot of activism/community building event planning, and can offer you advice and guidance on planning your next event.

Pricing: TBD

Weddings, birthdays, any milestone events – Celebrate love and life as white winged doves (approx. 12) ascend in joy and love of flight. Professional presentations using Rock Doves who are trained to return home.

Pricing: 15 lets per hour

Language

English/Spanish interpreting – non profit. intermediate level.

Pricing: TBD

French & Spanish tutor – French & Spanish tutor

Pricing: 10 lets per hour

Miscellaneous

Basketball Mentor For Your Child Or Yourself – Grow your game with me. I've been passionate about basketball since a very young age and have high school + college level experience. Additionally, I've studied under Ricky Hicks, mentor of N.B.A. All Star Richard "Rip" Hamilton.

Pricing: 20 lets per hour

Celebrant for special events – Ordained minister available to officiate at marriages, baby welcoming, funerals. Will do service the way you envision

Pricing: TBD

Intuitive Readings – I am offering intuitive readings. I specialize in questions about the spiritual awakening process, but hit me up about anything (except medical questions at this time)

Pricing: 5 total lets

Spaces

Living

House sitting – House sitting

Pricing: 5 lets per hour

Meeting

Showspace – Huge basement with a stage.

Pricing: 5 lets per hour

Storage

Basement storage space – 5'x5' clean, dry basement space for storage. 18 LETS per month

Pricing: 0 lets per hour

Tool Share

Lending

20 ft extension ladder – Werner aluminum extension ladder, 20 ft. You're welcome to borrow it for 1 LET per day. Deposit required. Thanks!

Pricing: 1 total lets

Belt Sander – 3" x 24" Black and Decker belt sander to rent. Belts not provided. \$.50/hour charge in addition to LETS. Per day option. Negotiable.

Pricing: 1 lets per hour

Carpentry tools for Lending – Planer, Table Saw, Circular Saw, 10in. Miter Saw, Compressor, Brad nailer, Palm Sander, Router, Cordless Drill and Drill Acc. All items that use blades or bits will require \$1 for wear and tear.

Pricing: TBD

Chipper / Shredder Loan – Chipper / shredder to loan.

Pricing: TBD

Chop/Miter Saw – This is a newish Kobalt compound chop saw that slides/telescopes. Good blade. I ask \$1/hour in addition to LETS for wear and tear. Per day option. Negotiable.

Pricing: 1 lets per hour

Circular Saw – Renting a Craftsman circular saw with laser. Its a newer model that is powerful and not too heavy. The blade is okay to good. Asking for \$1 an hour in addition to LETS for wear and tear. Per day option. Negotiable.

Pricing: 1 lets per hour

Circular Saw, Cordless drill, Air compressor ect – I have various power tools available to borrow Nice circular saw Nice cordless drill Portable Air compressor with hose Pneumatic framing nailer

Pricing: TBD

Miscellaneous

Woodworking studio available. – I own a woodworking studio downtown, I offer consultations, advice, and/or use of my shop for your projects. What do you need done ?

Pricing: TBD

Transportation

Hauling

Van + driver – Can help you transport furniture/etc. in my van, but can not help you load. 5 LETS/hr, but can be less if you feed me good vegan treats...

Pricing: 5 lets per hour

Lending

Enclosed Truck to loan – Good for moving, Rear Door open 55inches wide, 55inches tall. 5 lets per Hour, 17 per day.

Pricing: 5 lets per hour

Maintenance

Bicycle Maintenance, Repair, and Upgrade – I offer 7+ years experience working on all kinds of bicycles and have a full (home) shop to meet any need you have. From complete overhauls to airing up your tires to outfitting your next cross-country tour. Cash for new parts, variable LETS (5-10) for labor/hr and used parts.

Pricing: TBD

Cordless Drill/Driver (hammer drill) – Lending my Dewalt 18volt cordless drill/driver and 2 fully charged batteries (and charger if you'd like) per hour. I ask for a \$1.50/hour rental fee in addition to LETS for wear and tear. I have both a hammer drill and regular driver to choose from. Per day option. Negotiable.

Pricing: 1 lets per hour

Generator Loan – Generator Loan.

Pricing: TBD

Kitchen tools – I have some kitchen equipment that I would be willing to lend you: Kitchen Aid stand mixer, Kitchen Aid food processor, blender, immersion blender, pressure cooker, breadmaker, pestle and mortar, ricemaker, digital scale, etc.

Pricing: TBD

Rototiller Loan – Rototiller loan.

Pricing: TBD

Tools to lend – I have a lot of tools. I can loan them to you as needed with prompt return and a promise to replace anything that breaks. Please get in touch to see if I have what you need.

Pricing: 0 lets per hour

Woodworking tools – I have lots of portable woodworking tools and a woodworking shop.

Pricing: TBD

Vehicle check over. – Visual inspection of vehicle components. Will make you a prioritized list of things you may need to repair.

Pricing: 5 total lets

Parts & Supplies

Old motorcycle for pick-up – For taking apart, fixing, putting back together.

Pricing: 0 total lets

Rides

A Ride to the Airport – I will give you and your luggage a lift to the airport. Can also arrange to pick you up and get you home. LETS cost determined based on mileage.

Pricing: TBD

Hiker shuttle – Willing to drop off/retrieve up to 4 hikers at a time + their gear to or from various area trailheads. LETS + cost of fuel.

Pricing: TBD

Ride offer – Need a ride to or from....

Pricing: TBD

Rides to & from Airport – Avoid paying for long-term parking by taking up this offer for a ride to or from the Asheville airport! Gas + 5 LETS/hour. Also, if someone you know needs to be picked up/dropped off because you can't take them, this would be a good deal!

Pricing: 5 lets per hour

Current Wants

Child & Elder Care

Babysitting

Babysitting – I have a 1 year old and a 5 year old - would like a babysitter to come to my home.

Clothing

Boots & Shoes

size 39 DANSKO – These are my favorite shoes. looking for unwanted or lightly used Dansko shoes. I love almost every style they make.

Miscellaneous

Leather, Jewelry, Fabric for Crafting – I make jewelry and medicine pouches from recycled materials, and am always in need of Chain, Beads, Trinkets, Leather, and other interesting materials. I love to disassemble old jewelry and use the parts for new adornments, so any items you no longer wear would be appreciated!

Women's Clothing

Handmade clothing – handmade clothing

Computer & Office

Comp. Hardware

In seek for kitchen stuff – Stainless steel pots, big ones 1 gallon size and bigger, kitchen machine, noodle machine etc. just tell me what you have and i see if i have a use for

Education

Computer tutoring / coaching – Computer tutoring / coaching

Miscellaneous

Paper Folding Machine for 60-150 lb paper – I'm looking for a paper folder that will fold heavy cardstock.

Walkman or mp3 player – I'm looking for a walk-man tape player, ipod or other mp3 player.

Craft & Art

Education

Furniture making, Woodworking, Woodcarving – Help me recover a childhood dream! I wanted to be a carpenter when I was in sixth grade. My mom and dad bought me a kiddie carpentry set with wood and a tiny hammer and saw, but never helped me use it!

Jewelry making – Jewelry making

Fiber Arts

Yarn of all colors and styles – I am looking for yarn of all colors and styles to use on an older Brother Knitting machine. All money raised with my fiber arts will fund a mission trip to India. Thank you in Advance.

Miscellaneous

Soul, Sacred, Spiritual Jamz! – Hey, I would love to learn some new songs that have some ummfff to them... I like all kinds of variety, so feel free to check in. I play guitar, and harmonioum, (like a lil organ) and like practicing vocals, love it really. thanks

Photography

Photo emulsion – Photo emulsion screen printing.

Food

Dairy

Eggs – local eggs

Goat cheese – Looking for local, organic goat cheese.

Fresh free range eggs – From chickens fed naturally, no chemicals.

Education

Want to Learn Japanese Cooking – looking for someone to teach me how to cook Japanese meals, as well as some sweets. Also learning where to find ingredients. I'm located in Brevard but coming to Asheville is no trouble for me.

Equipment

Knife sharpener – Knife sharpener

Miscellaneous

Need organic food – Meat, produce, dry goods, cooked foods, etc. Must be organic

Organic vegetables – I would love to trade for some of the vegetables you're growing in your backyard. I'm not picky, so whatever you've got extra of!

Processing

Local canned or preserved goods – sauerkraut, jams, jellies, etc.

Produce

Extra veggies – Extra veggies

Local produce – local, seasonal vegetables and fruits.

Fermented Vegetables – My family goes through 2 to 3 quarts of fermented veggies every week. If you can help with the supply, let me know.

Organic produce – Organic produce.

local produce – any kind

Garden & Yard

Landscaping

Large landscaping stones – Large Stones suitable to plant around in Rock Garden or to use as stones in Fire Pit. We have a van to haul them but could use help in loading and unloading them if possible.

Stone – The bigger the better. Need to finish retaining walls.

Top Soil/ Fill Dirt Delivered – Looking for unpolluted soil to be delivered to East Asheville. Might need some fill and potentially top soil

Manure! – Looking for chemical and trash free manure for my garden. I can come pick it up.

Maintenance

Lawnmowing – I need someone with a lawnmower to mow my pretty large yard.

Weed whacking, hedge cutting & misc. – I have equipment

Miscellaneous

Compost or Pick up compost for me – Wood like some good compost, mushroom ect or if you have a truck and can pick up for me that would be great!

Firewood – I would like some firewood that is already split. 18" or less. 258-9386

Plants & Seeds

Leyland Cypress trees – Looking for Leyland Cypress trees.

Native plants – Edible, medicinal, habitat

Looking for Privacy Screen Bamboo Plants – Do you have some extra bamboos to spare? Looking for a fast growing - winter hardy fairly tall bamboo. Edible shoots and lumber qualities a plus.

REAL Aloe Vera Plants – I would love to get some. I love them. if you have one you dont need anymore, please, i would like to get it.

Tools & Supplies

Garden tools – Looking for shovels, hoes, etc...

Good compost & digging fork – Good compost & digging fork

Health & Beauty

Body Work

Chiropractor – Chiropractor needed for a friend with back issues.

Massage therapy – Massage therapy

Dentistry: My grill is busted – So my grill is busted. It's not really that bad but it does need some work. If you happen to read this and your not a dentist and you know a good one...Maybe you should recommend LETS to them :).

need dental braces tightened for 8yr. old – In process of relocating from New Orleans. My son, currently, has braces and need to have them tightened

Household

Appliances

Dutch Oven With Lid (cast iron) – wanted as a loan or permanent keeps. p.s. If you spot one at a thrift store/flea market please snatch it up. I will reimburse you and give you LETS for the find!

Handheld blender – I make soups! Looking for a blender to puree the soup.

Pressure Canner – I make soups! Looking for pressure canner to hold 7 quarts if possible... you know what is next, right? I will have great soup to share!

good vacumm cleaner with a hose. – I need a vacuum cleaner with hose to clean dog hair off my couch.

Furniture

Futon Mattress – Full size futon mattress mattress - still looking

Maintenance

Building Skills – Brick & mortar, adobe, conventional, framing & stone. If it involves coming to a jobsite, so be it.

Carpenter, plumber and mechanic – Seeking someone to assist with carpentry, plumbing and mechanics work.

Clean gutters – Clean out gutters on 1,000 sqft house and 600 sqft garage. I have a ladder.

Electricity Know-how – Installing lights, troubleshooting, electronics repair, etc.

Need help moving stuff from here to there – I need help moving furniture, on an ongoing basis. I need to develop a relationship from someone who can help out now and then. I can offer LETS credits, and also barter for items in my thrift store, or partial cash

Primitive housing – How to build basic structures

Miscellaneous

Jars, Barrels – Looking for mason jars with lids, large flour jars - really large - more like barrels. No plastic.

Pets

Dog sitting – Dog sitting

Miscellaneous

Education

Building supplies. – Concrete blocks, bricks, boards, tin roofing windows, nails, bags of unused concrete, tile, electrical hardware etc. I am collecting these supplies for a potential greenhouse in my backyard.

Other

Animal skins – If you butcher your animals for meat but don't use the hides, I'd love them! Rabbits, sheep, goats, or others.

COPPER sheets from roofing works – Do you have copper pieces in sheets? i'm allways looking for larger amounts of sheets. would be best if still flat and not too much folded.does not to be super clean but how cleaner how better! I dont have a car, so ashevillewould be fine, OR would trade for delivering inbath/bodycareproducts

Help me for half a day at a craft show – I occasionally sell pottery at local craft shows. I often need someone to help me set up and help with sales.

Photographer – Looking for studio space or share space with another photographer(s). I'll bring my own equipment.

Soul-crafting guides – Greetings, Looking for guides to contribute to my soul searching work, dreamwork, deep imagery, journeying, vision work, ceremony, ritual, nature, praising, grieving, drumming, songs, shadow work, storytelling, myths, dance... I know this work is my own, but I open to guides along the way...are you called?...

Studio Space rent or share – Photographer looking for studio space to rent or share. Will bring my own equipment and am willing to share.

Music

Education

Beatboxing lessons – I want to learn the way of the beatbox. The unwritten dictionary of the drum.

Music theory – Piano, accordion playing, singing lessons.

Teach me the way of the Sitar! – I have just bought a sitar recently and I really want to learn how to play it from a real human and not from online sources.

Instruments

djembe – beginner drummer would love a djembe, so if you have what i need please be in touch, thanks!

Supplies

Broken, junk, unused instruments and parts – Want instruments any condition. Guitar parts - electronics, old mandos, fiddles, flutes, basses, ANYTHING!!! I am learning instrument repair. Put your junk to good use

acoustic guitar – ISO acoustic or Spanish guitar.

Recreation

Books & Media

Old Magazines for Beadmaking – I make beads from magazine pages and turn them into awesome jewelry! Anything with colorful, interesting imagery will do. I'd love to take a stack of mags off your hands!

Education

Teach me to fish! – Eleven years ago I used to go salt water fishing down at the coast with my friend's family. I have a fishing rod, but I don't remember how to thread it, and I never learned to gut and scale a fish. All I remember is how to cast a line!

Social

Language

Arabic conversation partner – I want to practice my arabic speaking skills with another arabic speaker.

Spaces

Living

Cabin or Cottage for a weekend retreat – I'm looking for a cabin or cottage in or around WNC for a weekend stay. I'd want it for 2 nights. A Friday and Saturday and be gone on Sunday. Thank you in advance! I will treat it w/ respect and care as if it were my own.

Transportation

Maintenance

Auto body repair – I need someone to repair some rust on my truck doors.

Rides

Need Occasional Rides Around Town – I live near Asheville Mall. Sometimes need help carrying heavy items from the store to your vehicle and then into my house--few yards at most. Will pay LETS plus cash for gas.